

**Problem sheet # 3**  
The concentration of measure phenomenon

**Exercise 3.1 Kissing numbers**

For  $n \geq 1$ , let  $K_n$  be the maximal number of unit balls in  $\mathbf{R}^n$  with pairwise disjoint interiors which are tangent to  $B_2^n$ . Compute  $K_1$  and  $K_2$ , check that  $K_3 \geq 12$  (there is equality) and prove the bounds

$$\left(\frac{2}{\sqrt{3}} + o(1)\right)^n \leq K_n \leq (2 + o(1))^n$$

by considering an equivalent packing problem on  $S^{n-1}$ .

*Remark.* The exact value of  $K_n$  is known only for  $n \in \{1, 2, 3, 4, 8, 24\}$ .

**Exercise 3.2 Nets and convex hull**

Let  $\mathcal{N} \subset S^{n-1}$  and  $\theta \in (0, \pi/2)$ . Show that  $\mathcal{N}$  is a  $\theta$ -net in  $(S^{n-1}, g)$  if and only if  $(\cos \theta)B_2^n \subset \text{conv } \mathcal{N}$ .

**Exercise 3.3 Isoperimetry: sphere vs Euclidean space**

Show that the isoperimetric inequality on  $\mathbf{R}^{n-1}$  can be deduced from the isoperimetric inequality on  $S^{n-1}$ .

**Exercise 3.4 Tricks with concentration**

Let  $X$  be random variable and  $a \in \mathbf{R}$  such that for every  $t \geq 0$ ,

$$\mathbf{P}(|X - a| \geq t) \leq C \exp(-\alpha t^2).$$

Show the following inequalities, where  $C_i$  and  $\alpha_i > 0$  depend only on  $C$  and  $\alpha$

1.  $\mathbf{P}(|X - \mathbf{E}X| \geq t) \leq C_1 \exp(-\alpha_1 t^2)$ ,
2.  $\mathbf{P}(|X - M_X| \geq t) \leq C_2 \exp(-\alpha_2 t^2)$ , where  $M_X$  is a median of  $X$ ,
3. (assuming  $X \geq 0$ )  $\mathbf{P}(|X - \sqrt{\mathbf{E}X^2}| \geq t) \leq C_3 \exp(-\alpha_3 t^2)$ .

**Exercise 3.5 An alternative argument for Gaussian concentration**

The goal of this exercise is to show that the following: if  $G = (G_1, \dots, G_n)$  are i.i.d.  $N(0, 1)$  random variables and  $f : \mathbf{R}^n \rightarrow \mathbf{R}$  is 1-Lipschitz, then for every  $t \geq 0$ ,

$$\mathbf{P}(|f(G) - \mathbf{E}f(G)| \geq t) \leq 2e^{-\frac{2t^2}{\pi^2}}.$$

1. Show that we can assume that  $f$  is  $C^1$  and  $\mathbf{E}f(G) = 0$ .
2. Let  $H$  be an independant copy of  $G$ , and for  $0 \leq \theta \leq \pi/2$ , define  $G_\theta = G \sin(\theta) + H \cos(\theta)$ . Show that for every  $\theta$ ,  $(G_\theta, \frac{d}{d\theta}G_\theta)$  has the same distribution as  $(G, H)$ .
3. Show that for every convex function  $\psi : \mathbf{R} \rightarrow \mathbf{R}$  we have

$$\mathbf{E}[\psi(f(G))] \leq \mathbf{E}[\psi(f(G) - f(H))] = \mathbf{E}\left[\psi\left(\int_0^{\pi/2} \langle \nabla f(G_\theta), \frac{d}{d\theta}G_\theta \rangle d\theta\right)\right] \leq \mathbf{E}\left[\psi\left(\frac{\pi}{2} \langle \nabla f(G), H \rangle\right)\right].$$

4. Apply the previous inequality to  $\psi : x \mapsto \exp(\lambda x)$  for  $\lambda \geq 0$ , and deduce that

$$\mathbf{E}[\exp(\lambda f(G))] \leq \exp(\pi^2 \lambda^2 / 8).$$

5. Conclude.

### Exercise 3.6 Komatsu inequalities

1. Show that for every  $x \geq 0$

$$\frac{2}{x + \sqrt{x^2 + 4}} \leq e^{x^2/2} \int_x^\infty e^{-t^2/2} dt \leq \frac{2}{x + \sqrt{x^2 + 2}} \quad (1)$$

as follows: if  $f_-(x)$ ,  $f(x)$  and  $f_+(x)$  denote the left, middle and right member of (1), show that  $f'_-(x) \geq xf_-(x) - 1$ ,  $f'(x) = xf_-(x) - 1$ ,  $f'_+(x) \leq xf_+(x) - 1$

2. Show that if  $G$  is a  $N(0, 1)$  random variable,  $\mathbf{P}(G > t) \leq \frac{1}{2} \exp(-t^2/2)$  for every  $t \geq 0$ .

### Exercise 3.7 Median of a $\chi^2(n)$ distribution

Let  $G = (G_1, \dots, G_n)$  be a standard Gaussian vector in  $\mathbf{R}^n$ . The random variable  $X = |G|^2 = G_1^2 + \dots + G_n^2$  follows a  $\chi^2(n)$  distribution. Denote by  $M_X$  a median of  $X$ . We are going to prove that

$$n - 2/3 \leq M_X \leq n. \quad (2)$$

1. Check that the density of  $X$  is proportional to  $x \mapsto x^{\frac{n}{2}-1} e^{-\frac{x}{2}}$ .
2. Consider the random variable  $Y = \log(X/n)$  with density  $g$ . Compute  $g$ , check that  $g(y) \leq g(-y)$  for every  $y \geq 0$  and conclude that  $M_Y \leq 0$  and  $M_X \leq n$ .
3. Consider the random variable  $Z = (\frac{X}{n-2/3})^{1/3}$  with density  $h$ . Compute  $h$ , check that  $h(1-t) \leq h(1+t)$  for  $t \in [0, 1]$  and conclude that  $M_Z \geq 1$  and  $M_X \geq n - 2/3$ .

### Exercise 3.8 Ehrhard inequality

Denote  $\Phi(t) = \mathbf{P}(X \leq t)$  for  $X \sim N(0, 1)$ . The following inequality is called the Ehrhard inequality: for any Borel sets  $A, B \subset \mathbf{R}^n$  and  $t \in [0, 1]$ ,

$$\Phi^{-1}(\gamma_n(((1-t)A + tB)) \geq (1-t)\Phi^{-1}(\gamma_n(A)) + t\Phi^{-1}(\gamma_n(B)). \quad (3)$$

1. Check that there is equality when  $A$  and  $B$  are half-spaces with  $A \subset B$  or  $B \subset A$ .
2. Deduce the Gaussian isoperimetric inequality from (3) by choosing  $B = \frac{t}{t} B_2^n$  and taking  $t \rightarrow 0$ .
3. We are going to show that for any convex function  $F : \mathbf{R}^n \rightarrow \mathbf{R}$ , if  $G$  is a standard Gaussian vector in  $\mathbf{R}^n$ , then  $M_{F(G)} \leq \mathbf{E}F(G)$ , where  $M_{F(G)}$  denotes the median.
  - (a) Using (3), show that the function  $g : t \mapsto \Phi^{-1}(\mathbf{P}(F(G) \leq t))$  is concave on  $\mathbf{R}$ .
  - (b) Deduce that there exists  $\alpha > 0$  such that  $g(t) \leq \alpha(t - M_{F(G)})$  for every  $t \in \mathbf{R}$ .
  - (c) Conclude that  $M_{F(G)} \leq \mathbf{E}F(G)$ .
  - (d) Give an alternative proof of the upper bound in (2).