

# Optimal transport: introduction, applications and derivation

## Lecture 2: the Benamou-Brenier formula

### Contents

<b>1</b>	<b>The Monge-Kantorovic distance</b>	<b>2</b>
<b>2</b>	<b>The continuity equation</b>	<b>5</b>
2.1	Definition, first example . . . . .	5
2.2	In the framework of Cauchy-Lipschitz . . . . .	7
2.3	Generalized flows . . . . .	9
2.4	All solutions are induced by generalized flows . . . . .	13
<b>3</b>	<b>Benamou-Brenier formula</b>	<b>16</b>
<b>4</b>	<b>Interpretation, additional information</b>	<b>18</b>
<b>5</b>	<b>Extensions</b>	<b>21</b>

Now that we have seen what optimal transport problems are, we can start studying the space of probability measures over a compact subspace of  $\mathbb{T}^d$  as a formal Riemannian manifold, meaning that:

- We can define a distance between such measures.
- This distance comes with a "bilinear form" on some "tangent space" allowing to define the notion of action, geodesics, gradient of functionals...

This is enough to perform some formal differential calculus of order 1.

## 1 The Monge-Kantorovic distance

Let  $(X, d)$  be a compact metric space.

**Definition 1.** Let  $\mu, \nu \in \mathcal{P}(X)$  be two probability measures over  $X$ . The Wasserstein (or Monge-Kantorovic) distance of order 2 between  $\mu$  and  $\nu$  is defined by the formula

$$W_2^2(\mu, \nu) = \inf \left\{ \int d(x, y)^2 d\gamma(x, y) \mid \gamma \in \Pi(\mu, \nu) \right\}.$$

*Remark 2.* • We could extend this definition in the non-compact case to all probability measures  $\mu$  having a finite second moment, that is, when for some (and hence any)  $x_0 \in X$ ,  $\int d(x_0, x)^2 d\mu(x) < +\infty$ .

- We could also define more distances by replacing the 2 by any other power  $p \in [1, \infty)$ .
- Because of the results of the first lecture, this formula gives a proper definition, an optimal  $\gamma$  exists, and duality holds.

**Proposition 3.** *The Wasserstein distance is a distance on the space  $\mathcal{P}(X)$ .*

In order to prove the most difficult part of this proposition, that is, the triangle inequality, we will need the disintegration theorem, that we recall here.

**Theorem 4** (Disintegration theorem). *Let  $X, Y$  be two complete separable metric spaces,  $m \in \mathcal{P}(X)$  and  $T : X \rightarrow Y$  a measurable map. Then there exists a measurable collection  $(m^y)_{y \in Y}$  of probability measures on  $X$  such that for  $T_{\#}m$ -almost all  $y$ ,  $m^y$  is concentrated on the set  $\{x \mid T(x) = y\}$ , and such that for all measurable function  $\varphi$  on  $X$  nonnegative or bounded*

$$\int_X \varphi dm = \int_Y \left( \int_X \varphi dm^y \right) dT_{\#}m(y). \quad (1)$$

*Moreover, this family is unique up to a  $T_{\#}m$ -negligible set.*

In the case when  $X = Y \times Z$  is the product of two separable and complete metric spaces, and  $T$  is the projection on the first coordinate, up to identifying  $\{y\} \times Z$  with  $Z$ , we can assume that  $(m^y)$  is a measurable family of probability measures on  $Z$ . In that case, formula (1) writes for all  $\varphi$  measurable and nonnegative or bounded on  $Y \times Z$ ,

$$\int \varphi(y, z) dm(y, z) = \int_Y \left( \int_Z \varphi(y, z) dm^y(z) \right) dT_{\#}m(y).$$

*Proof of Proposition 3. Symmetry.* If  $\gamma \in \mathcal{P}(X \times X)$ , we denote by  $\gamma^s \in \mathcal{P}(X \times X) := (\pi_2, \pi_1)_{\#}\gamma$ , where  $\pi_1$  and  $\pi_2$  are the canonical projections from  $X \times X$  to  $X$ . It is easy to check that for all  $\mu, \nu \in \mathcal{P}(X)$ ,  $\gamma \in \Pi(\mu, \nu)$  if and only if  $\gamma^s \in \Pi(\nu, \mu)$ . Therefore, if  $\gamma \in \Pi(\mu, \nu)$  is optimal, then  $\gamma^s$  is a competitor between  $\nu$  and  $\mu$ , and hence

$$W_2^2(\nu, \mu) \leq \int d(x, y)^2 d\gamma^s(x, y) = \int d(y, x)^2 d\gamma(x, y) = \int d(x, y)^2 d\gamma(x, y) = W_2^2(\mu, \nu)^2.$$

Inverting the role of  $\mu$  and  $\nu$ , the result follows.

Separation. Let  $\mu, \nu \in \mathcal{P}(X)$  be such that  $W_2^2(\mu, \nu) = 0$ , and  $\gamma \in \Pi(\mu, \nu)$  optimal. We have

$$\int d(x, y)^2 d\gamma(x, y) = 0.$$

So  $\gamma$ -almost everywhere,  $d(x, y) = 0$ , that is,  $x = y$ . So for all  $\varphi \in C(X)$ ,

$$\int \varphi(x) d\mu(x) = \int \varphi(x) d\gamma(x, y) = \int \varphi(y) d\gamma(x, y) = \int \varphi(y) d\nu(y).$$

Therefore,  $\mu = \nu$ .

Triangle inequality. Let  $\mu_1, \mu_2, \mu_3 \in \mathcal{P}(X)$ , and  $\gamma_{12} \in \Pi(\mu_1, \mu_2)$  and  $\gamma_{23} \in \Pi(\mu_2, \mu_3)$  be optimal transport plans. We use the disintegration theorem for disintegrating  $\gamma_{12}$  along the second coordinate, and  $\gamma_{23}$  along the first one. We define

$$\gamma_{13} := \int \gamma_{12}^y \otimes \gamma_{23}^y d\mu_2(y).$$

Let us check that  $\gamma_{13} \in \Pi(\mu_1, \mu_3)$ . For all  $\varphi \in C(X)$ ,

$$\begin{aligned} \int \varphi(x) d\gamma_{13}(x, z) &= \int \left( \int \varphi(x) d\gamma_{12}^y \otimes \gamma_{23}^y(x, z) \right) d\mu_2(y) \\ &= \int \left( \int \varphi(x) d\gamma_{12}^y(x) \right) d\mu_2(y) \\ &= \int \varphi(x) d\gamma_{12}(x, y) = \int \varphi d\mu_1. \end{aligned}$$

The second marginal follows the same lines.

In particular,

$$W_2^2(\mu_1, \mu_3) \leq \int d(x, z)^2 d\gamma_{13}(x, z) = \int \left( \int d(x, z)^2 d\gamma_{12}^y \otimes \gamma_{23}^y(x, z) \right) d\mu_2(y).$$

But we can use the triangle inequality inside the integral, and find

$$W_2(\mu_1, \mu_3) \leq \sqrt{\int \left( \int (d(x, y) + d(y, z))^2 d\gamma_{12}^y \otimes \gamma_{23}^y(x, z) \right) d\mu_2(y)}.$$

Now by the Minkowski inequality,

$$\begin{aligned} W_2(\mu_1, \mu_3) &\leq \sqrt{\int \left( \int d(x, y)^2 d\gamma_{12}^y \otimes \gamma_{23}^y(x, z) \right) d\mu_2(y)} \\ &\quad + \sqrt{\int \left( \int d(y, z)^2 d\gamma_{12}^y \otimes \gamma_{23}^y(x, z) \right) d\mu_2(y)} \\ &= \sqrt{\int \left( \int d(x, y)^2 d\gamma_{12}^y(x) \right) d\mu_2(y)} + \sqrt{\int \left( \int d(y, z)^2 d\gamma_{23}^y(z) \right) d\mu_2(y)} \\ &= \sqrt{\int d(x, y)^2 d\gamma_{12}(x, y)} + \sqrt{\int d(y, z)^2 d\gamma_{23}(y, z)} \\ &= W_2(\mu_1, \mu_2) + W_2(\mu_2, \mu_3). \end{aligned}$$

□

If we wonder which topology the Wasserstein distance metrizes, when  $X$  is compact, we recover the narrow topology. We do it for  $p = 2$ , but the result is true for any  $p \in [1, +\infty)$ .

**Proposition 5.** *The Wasserstein distance metrizes the narrow topology.*

*Proof.* Narrow convergence implies convergence in  $W^2$ .

Let us assume that  $(\mu_n) \in \mathcal{P}(X)^{\mathbb{N}}$  converges narrowly towards  $\mu \in \mathcal{P}(X)$  and show that  $W_2(\mu_n, \mu) \rightarrow 0$ . By duality, for all  $n \in \mathbb{N}$ , there exists  $(\varphi_n, \psi_n)$  a pair of  $d^2$ -concave conjugates such that

$$W_2^2(\mu_n, \mu) = \int \varphi_n d\mu_n + \int \psi_n d\mu. \quad (2)$$

Of course without loss of generality, we can assume  $\inf \varphi_n = 0$  for all  $n \in \mathbb{N}$ . But by uniform equiintegrability of the set of  $d^2$ -concave functions, up to extraction, we can assume that  $(\varphi_n)$  and  $(\psi_n)$  uniformly converge towards  $\varphi \in C(X)$  and  $\psi \in C(X)$  respectively. By pointwise convergence, we have  $\varphi \oplus \psi \leq d^2$ . In particular, for all  $x \in X$ ,  $\varphi(x) + \psi(x) \leq 0$ . Passing to the limit in (2) (which is valid since in the first integral,  $(\varphi_n)$  converges strongly and  $(\mu_n)$  converges weakly), we find

$$0 \leq \lim_{n \rightarrow +\infty} W_2^2(\mu_n, \mu) = \int \varphi d\mu + \int \psi d\mu = \int (\varphi(x) + \psi(x)) d\mu(x) \leq 0.$$

Convergence in  $W_2$  implies narrow convergence.

Let us consider  $(\mu_n) \in \mathcal{P}(X)^{\mathbb{N}}$  and  $\mu \in \mathcal{P}(X)$  with  $W_2(\mu_n, \mu) \rightarrow 0$ . We need to show that for all  $\varphi \in C(X)$ ,  $\int \varphi d\mu_n \rightarrow \int \varphi d\mu$ . For a given  $n \in \mathbb{N}$ , let us call  $\gamma_n \in \Pi(\mu_n, \mu)$  and optimal plan. If  $\varphi$  is Lipschitz continuous, we have

$$\begin{aligned} \left| \int \varphi d\mu_n - \int \varphi d\mu \right| &\leq \text{Lip}(\varphi) \int d(x, y) d\gamma_n(x, y) \leq \text{Lip}(\varphi) \sqrt{\int d(x, y)^2 d\gamma_n(x, y)} \\ &= \text{Lip}(\varphi) W_2(\mu_n, \mu) \xrightarrow{n \rightarrow +\infty} 0. \end{aligned}$$

The result follows by approximating continuous text functions by Lipschitz ones.  $\square$

## 2 The continuity equation

In the following of this lecture, the goal is to reinterpret the Wasserstein distance as a geodesic distance with respect to some bilinear form on some space "tangent" to the space of measures. To do so, we need to define what is the "speed" of a curve in the space of measures. This will be done thanks to the distributional solutions of the continuity equation, which can be written

$$\partial_t \rho + \text{div}(\rho v) = 0. \quad (3)$$

### 2.1 Definition, first example

We will give a definition of solutions on the  $d$ -dimensional torus  $\mathbb{T}^d$  to avoid technicalities, but the whole theory could be developed in the  $\mathbb{R}^d$  with only technical changes, see [1].

**Definition 6.** Let  $\rho : [0, 1] \rightarrow \mathcal{P}(\mathbb{T}^d)$  be a measurable curve in the space of probability measures over  $\mathbb{T}^d$  and  $v : [0, 1] \times \mathbb{T}^d \rightarrow \mathbb{R}^d$  be a measurable vector field. We say that the pair  $(\rho, v)$  is a solution of the continuity equation provided:

- Continuity: The map  $t \in [0, 1] \mapsto \rho(t) \in \mathcal{P}(\mathbb{T}^d)$  is continuous for the topology of narrow convergence.
- Integrability: The following bound holds:

$$\int_0^1 \int |v(t, x)| d\rho(t, x) dt < +\infty. \quad (4)$$

- Distributional solution: For all  $\varphi \in C_c^1((0, 1) \times \mathbb{T}^d)$ ,

$$\int_0^1 \int \{\partial_t \varphi(t, x) + v(t, x) \cdot \nabla \varphi(t, x)\} d\rho(t, x) dt = 0. \quad (5)$$

*Remark 7.* • The continuity assumption could be removed. Indeed, it is possible to prove that whenever  $(\rho, v)$  satisfies the two other conditions of the previous definition, then  $t \mapsto \rho(t)$  is continuous up to changing its value on a  $dt$ -negligible set. In that case, we always work with this version of  $\rho$ .

- The integrability condition rewrites  $v \in L^1(dt \otimes \rho(t))$ , and indeed, we see with the second condition that only its values  $dt \otimes \rho(t)$ -almost everywhere matter.
- We can check that under assumption (4), condition (5) rewrites as follows: for all  $\varphi \in C^1(\mathbb{T}^d)$ , the map  $t \mapsto \int \varphi d\rho(t, x)$  has distributional derivative given by

$$\frac{d}{dt} \int \varphi d\rho(t, x) = \int \nabla \varphi(x) \cdot v(t, x) d\rho(t, x).$$

If so, due to the bounds we have on  $v$ , this map is Lipschitz continuous, and this identity also holds for almost every  $t$ .

The whole theory we want to develop relies on the following crucial example of a solution to the continuity equation.

*Example 8.* Let  $\gamma : [0, 1] \rightarrow \mathbb{T}^d$  be a solution to the classical ODE  $\dot{\gamma}(t) = v(t, \gamma(t))$  for some smooth vector field  $v$ . Then calling  $\rho(t) := \delta_{\gamma(t)}$ , the pair  $(\rho, v)$  is a solution of the continuity equation.

*Proof.* The integrability is obvious assuming that  $v$  is smooth. Let us still write it to get familiar with the kind of quantities that we will deal with:

$$\int_0^1 |v(t, \gamma(t))| dt < +\infty.$$

To check the distributional condition, let us consider  $\varphi \in C_c^1((0, 1) \times \mathbb{T}^d)$ . Then the function  $t \mapsto \varphi(t, \gamma(t))$  is differentiable and

$$\frac{d}{dt} \varphi(t, \gamma(t)) = \partial_t \varphi(t, \gamma(t)) + v(t, \gamma(t)) \cdot \nabla \varphi(t, \gamma(t)).$$

Integrating from 0 to 1, we find indeed

$$\begin{aligned} & \int_0^1 \{\partial_t \varphi(t, \gamma(t)) + v(t, \gamma(t)) \cdot \nabla \varphi(t, \gamma(t))\} dt \\ &= \int_0^1 \int \{\partial_t \varphi(t, x) + v(t, x) \cdot \nabla \varphi(t, x)\} d\rho(t, x) dt = 0. \end{aligned}$$

□

## 2.2 In the framework of Cauchy-Lipschitz

In this subsection, we assume that  $v$  satisfies the conditions necessary to apply the Cauchy-Lipschitz theorem, that is, for almost all  $t$ ,  $v(t, \cdot)$  is Lipschitz continuous, and

$$\int_0^1 \|v(t, \cdot)\|_{W^{1,\infty}} dt < +\infty. \quad (6)$$

Under this assumption, we have:

**Theorem 9** (Cauchy-Lipschitz). *Let  $v$  satisfy assumption (6). Then there exists a unique flow  $\phi : [0, 1] \times [0, 1] \times \mathbb{T}^d \rightarrow \mathbb{T}^d$  that satisfies for all  $s \in [0, 1]$  and  $x \in \mathbb{T}^d$ :*

- $\phi(s; s, x) = x$ ,
- *distributionally and for almost every  $t$ ,*

$$\frac{d}{dt} \phi(t; s, x) = v(t, \phi(t; s, x)).$$

*In addition, for all  $s, t, u \in [0, 1]$ , the flow identity holds, that is, for all  $x \in \mathbb{T}^d$ ,*

$$\phi(u; t, \phi(t; s, x)) = \phi(u; s, x).$$

*In particular, for all  $s, t \in [0, 1]$ ,  $\phi(t; s, \cdot)$  is invertible, and its invert is  $\phi(s; t, \cdot)$ .*

In this case, the following holds for the continuity equation.

**Theorem 10.** *Let  $v$  satisfy assumption (6) and  $\rho_0 \in \mathcal{P}(\mathbb{T}^d)$ . There exists a unique measurable curve  $t \in [0, 1] \mapsto \rho(t) \in \mathcal{P}(\mathbb{T}^d)$  such that  $\rho(0) = \rho_0$  and  $(\rho, v)$  is a solution of the continuity equation in the sense of Definition 6, and it is given for all  $t \in [0, 1]$  by the formula*

$$\rho(t) = \phi(t; 0, \cdot) \# \rho_0, \quad (7)$$

*where  $\phi$  is the Cauchy-Lipschitz flow given by Theorem 9.*

*Proof.* We first show that formula (7) gives rise to a curve  $\rho$  such that  $(\rho, v)$  is a solution of the continuity equation. The continuity of this  $\rho$  comes from the continuity of  $\phi$ , and the integrability (4) is an easy consequence of (6). According to Remark 7, it suffices to show that for all  $\varphi \in C^1(\mathbb{T}^d)$ , the map  $t \mapsto \int \varphi d\rho(t)$  has distributional derivative given by

$$\frac{d}{dt} \int \varphi d\rho(t) = \int \nabla \varphi(x) \cdot v(t, x) d\rho(t, x).$$

Due to the definition of  $\rho$ , this rewrites

$$\frac{d}{dt} \int \varphi(\phi(t; 0, x)) d\rho_0(x) = \int \nabla \varphi(\phi(t; 0, x)) \cdot v(t, \phi(t; 0, x)) d\rho_0(x).$$

But for all  $x \in \mathbb{T}^d$ , the map  $t \mapsto \phi(t; 0, x)$  is of regularity  $W^{1,1}$ , so as  $\varphi$  is  $C^1$ , by classical chain rules in Sobolev spaces (see [4, Corollary VIII.10]),  $t \mapsto \varphi(\phi(t; 0, x))$  is of regularity  $W^{1,1}$  as well, and distributionally

$$\frac{d}{dt}\varphi(\phi(t; 0, x)) = \nabla\varphi(\phi(t; 0, x)) \cdot \partial_t\phi(t; 0, x) = \nabla\varphi(\phi(t; 0, x)) \cdot v(t, \phi(t; 0, x)).$$

Our claim is just an integrated version of this identity, and hence is a consequence of the Fubini theorem.

It remains to prove uniqueness, which is the hardest part of the proof. So we give ourselves a curve  $\rho$  such that  $\rho(0) = \rho_0$  and  $(\rho, v)$  is a solution of the continuity equation. We want to prove that for all  $\varphi \in C(\mathbb{T}^d)$  and  $t \in [0, 1]$ ,  $\int \varphi d\rho(t) = \int \varphi(\phi(t; 0, x)) d\rho_0(x)$ . Changing the variables by calling  $\xi := \varphi \circ \phi(t; 0, \cdot)$  and using the invertibility of  $\phi(t; 0, \cdot)$ , this is the same as proving that for all  $\xi \in C(\mathbb{T}^d)$  and for all  $t \in [0, 1]$ ,  $\int \xi(\phi(0; t, \cdot)) d\rho(t) = \int \xi d\rho_0$ . At that point, we can obviously restrict ourselves to smooth  $\xi \in C^1(\mathbb{T}^d)$ , and as the claim is clearly true at  $t = 0$ , the only thing we have to prove is that for all  $\xi \in C^1(\mathbb{T}^d)$ , the distributional derivative of the map  $t \mapsto \int \xi(\phi(0; t, \cdot)) d\rho(t)$  is 0, that is, for all smooth  $\chi \in C_c^\infty(0, 1)$ ,

$$\int_0^1 \chi'(t) \left( \int \xi(\phi(0; t, x)) d\rho(t, x) \right) dt = 0. \quad (8)$$

Observe the following estimate, valid for all  $v, v'$  satisfying (6), of associated flow  $\phi$  and  $\phi'$ , whose proof left to the reader as an exercise. For all  $t$ :

$$\|\phi'(0; t, \cdot) - \phi(0; t, \cdot)\|_\infty \leq \int_0^t \|v'(\tau, \cdot) - v(\tau, \cdot)\|_\infty d\tau \times \exp\left(\int_0^t \text{Lip}(v(\tau, \cdot)) d\tau\right).$$

With this estimate, we can clearly restrict ourselves to smooth  $v$ , and then use a density argument in  $L_t^1(W_x^{1,\infty})$  to pass to the limit in (8).

So we are left to proving the result in the case when  $v(t, x)$  is smooth w.r.t. both  $t$  and  $x$ . In that case, by classical results in the theory of ODEs,  $\phi$  is smooth with respect to its three coordinates. Differentiating w.r.t.  $s$  the identity holding for all  $x \in \mathbb{T}^d$

$$\phi(0; s, \phi(s; 0, x)),$$

we find

$$\partial_s\phi(0; s, \phi(s; 0, x)) + D_x\phi(0; s, \phi(s; 0, x)) \cdot v(s, \phi(s; 0, x)).$$

Therefore, for all  $y \in \mathbb{T}^d$ , applying this identity at  $x = \phi(0; s, y)$ , we find

$$\partial_s\phi(0; s, y) + D_x\phi(0; s, y) \cdot v(s, y). \quad (9)$$

In that case, for all  $\xi \in C^1(\mathbb{T}^d)$  and all  $x \in \mathbb{T}^d$ , the map  $\varphi : (t, x) \mapsto \xi(\phi(0; t, x))$  is an actual  $C^1$  function, and for all  $t \in [0, 1]$  and  $x \in \mathbb{T}^d$ , using (9), we find

$$\begin{aligned} & \partial_t\varphi(t, x) + v(t, x) \cdot \nabla\varphi(t, x) \\ &= -\nabla\xi(\phi(0; t, x)) \cdot \left( D_x\phi(0; t, x) \cdot v(t, x) \right) + v(t, x) \cdot \left( {}^tD_x\phi(0; t, x) \cdot \nabla\xi(\phi(0; t, x)) \right) \\ &= 0. \end{aligned}$$



Now, for a given  $\chi \in C_c^1((0, 1) \times \mathbb{T}^d)$ , it remains to use (5) to the  $C_c^1((0, 1) \times \mathbb{T}^d)$  given by  $(t, x) \mapsto \chi(t)\varphi(t, x)$  in order to find

$$\int_0^1 \int \left\{ \chi'(t)\varphi(t, x) + \chi(t) \left( \partial_t \varphi(t, x) + v(t, x) \cdot \nabla \varphi(t, x) \right) \right\} d\rho(t, x) dt = 0,$$

and because of the formula above,

$$\int_0^1 \int \chi'(t)\varphi(t, x) d\rho(t, x) dt = 0,$$

which is a rewriting of (8). □

### 2.3 Generalized flows

An interpretation of the previous result is that at least when  $v$  has enough regularity, the unique curve  $\rho$  such that  $(\rho, v)$  is a solution of the continuity equation is the macroscopic distribution of a population of particles following the flow of the ODE induced by  $v$ . We would like to get such an interpretation for any pair  $(\rho, v)$  solving the continuity equation. As it is always possible to regularize  $v$ , this question reduces to know which notion of flow is stable when a family of smooth  $(v_n)$  converges towards a singular  $v$ , only satisfying (4). Actually, due to the lack of regularity of the solutions of an ODE associated with a singular velocity, convergence cannot hold in the space of flows, and we need to introduce a new notion, that we call generalized flows.

**Definition 11** (Generalized flows). A generalized flow is a measure  $P \in \mathcal{P}(C([0, 1]; \mathbb{T}^d))$ . In order to lighten the notations, in the following, we call  $\Omega := C([0, 1]; \mathbb{T}^d)$ , and for all  $t \in [0, 1]$ ,  $X_t : \omega \in \Omega \mapsto \omega(t) \in \mathbb{T}^d$  the evaluation map.

For reasons that will become clear when stating the Benamou-Brenier formula, we deal with solutions of the continuity equation satisfying the following additional integrability assumption

$$\frac{1}{2} \int_0^1 \int |v(t, x)|^2 d\rho(t, x) dt < +\infty. \tag{10}$$

It is not necessary for what next, because the square in this formula could be replaced by any superlinear convex nonnegative function provided by de la Vallée-Poussin criterion. But it simplifies a bit the proofs. At the level of generalized flows, this action has the following counterpart.

**Definition 12** (Action of a curve, action of a flow). On the set  $\Omega$ , we define the following functional:

$$A : \omega \in \Omega \mapsto \begin{cases} \frac{1}{2} \int_0^1 |\dot{\omega}(t)|^2 dt, & \text{if } \omega \in H^1([0, 1]; \mathbb{T}^d), \\ +\infty, & \text{otherwise.} \end{cases}$$

Then, we define the action of a generalized flow  $P \in \mathcal{P}(\Omega)$  by

$$\mathcal{A}(P) := \int A(\omega) dP(\omega) \in [0, +\infty].$$

These quantities have good properties for minimization problems, that lets us hope for good stability results.

**Lemma 13.** *The functional  $A$  has compact sublevels in  $\Omega$  (endowed with the topology of uniform convergence). Consequently,  $\mathcal{A}$  has compact sublevels for the topology of narrow convergence.*

*Proof.* For the first point, let us show that  $\mathcal{K}_M := \{\omega \in \Omega \text{ s.t. } A(\omega) \leq M\}$  is compact in  $\Omega$ ,  $M > 0$  being given. For all  $\omega$  in this set and  $0 \leq s \leq t \leq 1$ , we have

$$d(\omega(s), \omega(t)) \leq \int_s^t |\dot{\omega}(\tau)| d\tau \leq 2M\sqrt{t-s}.$$

So our set  $\mathcal{K}_M$  is uniformly equicontinuous, and hence precompact for the topology of uniform convergence in virtue of the Ascoli-Arzelà theorem. Let us show that it is closed. Let  $(\omega_n) \in \mathcal{K}_M^{\mathbb{N}}$  a sequence uniformly converging towards  $\omega$ , and let us show that  $\omega \in \mathcal{K}_M$ . The family  $(\dot{\omega}_n)$  is bounded in  $L^2([0, 1]; \mathbb{R}^d)$ , so it has a weak limit  $\alpha$  in  $L^2$ , and  $\|\alpha\|_{L^2} \leq \liminf_n \|\dot{\omega}_n\|_{L^2}$ , because the norm is lower-semicontinuous with respect to weak convergence. But of course, by continuity of the derivation in the topology of distribution,  $\alpha = \dot{\omega}$ , and hence  $\omega \in H^1$  and  $A(\omega) \leq \liminf_n A(\omega_n) \leq M$ .

For the second point, given  $C > 0$ , let us show that the set  $\tilde{\mathcal{K}}_C := \{P \in \mathcal{P}(\Omega) \text{ s.t. } \mathcal{A}(P) \leq C\}$  is compact for the topology of narrow convergence. First, it is tight. Indeed, if  $P \in \tilde{\mathcal{K}}_C$ , we have for all  $M > 0$

$$P(\mathcal{K}_M^c) \leq \frac{C}{M}$$

which can be made arbitrarily small by taking  $M$  arbitrarily large. As  $\mathcal{K}_M$  is compact by the first point, the result follows. It remains to prove that  $\tilde{\mathcal{K}}_C$  is closed for the topology of narrow convergence. So let us consider  $(P_n) \in \tilde{\mathcal{K}}_C^{\mathbb{N}}$  a sequence narrowly converging towards  $P \in \mathcal{P}(\Omega)$ , and let us show that  $P \in \tilde{\mathcal{K}}_C$ . As we have seen that  $A$  is l.s.c., for all  $\varepsilon > 0$ , there exists  $A' \leq A$  bounded and continuous on  $\Omega$  such that

$$\int A' dP \geq \mathcal{A}(P) - \varepsilon.$$

But by narrow convergence,

$$\int A' dP = \lim_n \int A' dP_n \leq \mathcal{A}(P_n).$$

By letting  $\varepsilon$  tend to 0, we conclude that

$$\mathcal{A}(P) \leq \liminf_n \mathcal{A}(P_n),$$

and the result follows. □

ODE flows together with initial distributions induce generalized flows, as developed in the following example.

*Example 14.* Let  $v$  satisfy (6),  $\phi$  be the associated flow given by Theorem 9, and  $\rho_0 \in \mathcal{P}(\mathbb{T}^d)$ . Let us call  $\Psi$  the following map

$$\begin{aligned} \Psi : \mathbb{T}^d &\rightarrow \Omega \\ x &\mapsto (t \mapsto \phi(t; 0, x)). \end{aligned}$$

Then  $P := \Psi_{\#}\rho_0$  is a generalized flow. Moreover, for all  $t \in [0, 1]$ ,

$$\rho(t) := X_{t\#}P = X_{t\#}(\Psi_{\#}\rho_0) = (X_t \circ \Psi)_{\#}\rho_0 = \phi(t; 0, \cdot)_{\#}\rho_0.$$

Therefore, the curve  $(t \mapsto X_{t\#}P)$  is nothing but the curve  $\rho$  for which  $(\rho, v)$  is the unique solution of the continuity equation, as described in Theorem 10.

In that case, for  $P$ -almost every  $\omega$ ,  $\omega$  satisfies

$$\dot{\omega}(t) = v(t, \omega(t)) \tag{11}$$

distributionally and for almost every  $t$ , and

$$\mathcal{A}(P) = \frac{1}{2} \int \left( \int_0^1 |v(t, \phi(t; 0, x))|^2 dt \right) d\rho_0(x) = \frac{1}{2} \int_0^1 \int |v(t, x)|^2 d\rho(t, x) dt.$$

Now, we will see how we can generalize this example when  $v$  has less regularity than (6). First of all, we can show that *any* generalized flow with finite action induces a solution of the continuity equation.

**Proposition 15.** *Let  $P \in \mathcal{P}(\Omega)$  with  $\mathcal{A}(P) < +\infty$ . For all  $t \in [0, 1]$ , let us call  $\rho(t) := X_{t\#}P$ . The vector-valued measure  $m$  on  $[0, 1] \times \mathbb{T}^d$  acting on all  $\xi : [0, 1] \times \mathbb{T}^d \rightarrow \mathbb{R}^d$  measurable and bounded as*

$$\int_0^1 \int \xi \cdot dm = \int \left\{ \int_0^1 \xi(t, \omega(t)) \cdot \dot{\omega}(t) dt \right\} dP(\omega) \tag{12}$$

*is well defined, and is absolutely continuous w.r.t.  $dt \otimes \rho(t)$ .*

*Calling  $v$  the corresponding Radon-Nikodym derivative,  $(\rho, v)$  is a solution of the continuity equation in the sense of Definition 6, and*

$$\frac{1}{2} \int_0^1 \int |v(t, x)|^2 d\rho(t, x) dt \leq \mathcal{A}(P). \tag{13}$$

*Remark 16.* In this case, the definition (12) of  $m$  does not insure (11) to hold. Actually, this is not true in general. We could see that (12) has the consequence that for  $dt \otimes \rho(t)$ -almost every  $(t, x)$ ,  $v(t, x)$  is the conditional expectation of  $\omega \mapsto \dot{\omega}(t)$  (which is well defined for almost every  $t$  in  $L^2(P)$  thanks to  $\mathcal{A}(P) < +\infty$ ) knowing  $X_t(\omega) = x$ . Hence, a way to understand (13) is through Jensen's inequality. Although, our proof will be different.

In order to prove Proposition 15, we will need the following lemma.

**Lemma 17.** *Let  $\rho : [0, 1] \rightarrow \mathcal{P}(\mathbb{T}^d)$  be a measurable curve in the space of probability measures over  $\mathbb{T}^d$  and  $m$  a vector-valued Radon measure on  $[0, 1] \times \mathbb{T}^d$ . We have*

$$\begin{aligned} \sup_{\xi \in C([0,1] \times \mathbb{T}^d; \mathbb{R}^d)} \int_0^1 \int \xi \cdot dm - \frac{1}{2} \int_0^1 \int |\xi|^2 d\rho(t) dt \\ = \begin{cases} \frac{1}{2} \int_0^1 \int |v|^2 d\rho dt, & \text{if } m \ll \rho(t) \otimes dt \text{ and } m = v\rho(t) \otimes dt, \\ +\infty, & \text{otherwise.} \end{cases} \end{aligned} \quad (14)$$

*Proof.* We first prove " $\leq$ ". If  $m$  is absolutely continuous w.r.t.  $\rho(t) \otimes dt$  with Radon-Nikodym derivative  $v$ , it just follows from the inequality  $|v|^2/2 \geq \xi \cdot v - |\xi|^2/2$ , and otherwise, there is nothing to prove.

Let us now prove " $\geq$ ". If  $m$  is not absolutely continuous w.r.t.  $\rho(t) \otimes dt$ , then for all, there exists  $\xi$  continuous such that  $\int \xi \cdot dm - \frac{1}{2} \int |\xi|^2 d\rho(t) dt > 0$  (approximate  $v1_A$  for some well chosen  $v \in \mathbb{R}^d$  and  $A \subset [0, 1] \times \mathbb{T}^d$  measurable satisfying  $\int \int_A v \cdot dm > 0$  and  $\rho(t) \otimes dt(A) = 0$ ). Then the result follows from taking  $\lambda\xi$  for  $\lambda \rightarrow +\infty$ . If  $m \ll \rho(t) \otimes dt$ , of Radon-Nikodym derivative  $v$ , and if  $\int \int |v|^2 d\rho dt < +\infty$ , this is simply the density of continuous functions in  $L^2$ . Finally, if  $m \ll \rho(t) \otimes dt$ , of Radon-Nikodym derivative  $v$ , but  $\int \int |v|^2 d\rho dt = +\infty$ , then one needs to use the density of continuous function in  $L^2$  on the truncated function  $v1_{|v| \leq M}$  and let  $M$  tend to  $+\infty$ .  $\square$

We are now ready to prove Proposition 15.

*Proof of Proposition 15. Step 1.*  $t \mapsto \rho(t)$  is narrowly continuous.

It suffices to show that for all  $\varphi \in C_b(\mathbb{R}^d)$ , the map

$$t \mapsto \int \varphi d\rho(t) = \int \varphi(\omega(t)) dP(\omega)$$

is continuous. This is a direct consequence of the dominated convergence theorem.

Step 2.  $m$  is well defined.

It is well defined because for all  $\xi$  measurable and bounded

$$\begin{aligned} \left| \int \left\{ \int_0^1 \xi(t, \omega(t)) \cdot \dot{\omega}(t) dt \right\} dP(\omega) \right| &\leq \int \left| \int_0^1 \xi(t, \omega(t)) \cdot \dot{\omega}(t) dt \right| dP(\omega) \\ &\leq \sup |\xi| \int \int_0^1 |\dot{\omega}(t)| dt dP(\omega) \\ &\leq \sup |\xi| \underbrace{\int \int_0^1 |\dot{\omega}(t)|^2 dt dP(\omega)}_{<+\infty}. \end{aligned}$$

In particular, this formula defines a continuous form on the space  $C_c([0, 1] \times \mathbb{R}^d)$ , that is, a Radon measure  $m$  on  $[0, 1] \times \mathbb{T}^d$ .

Step 3.  $m \ll \rho(t) \otimes dt$  and  $v := \frac{dm}{d\rho(t) \otimes dt}$  satisfies (13).

We use Lemma 17. Let  $\xi \in C([0, 1] \times \mathbb{T}^d; \mathbb{R}^d)$ . By definition of  $\rho$  and  $m$ , we have

$$\begin{aligned} \int_0^1 \int \xi \cdot dm - \frac{1}{2} \int_0^1 \int |\xi|^2 d\rho(t) dt \\ &= \int \left\{ \int_0^1 \xi(t, \omega(t)) \cdot \dot{\omega}(t) dt \right\} dP(\omega) - \frac{1}{2} \int_0^1 \int |\xi(t, \omega(t))|^2 dP(\omega) dt \\ &= \int \left\{ \int_0^1 \left( \xi(t, \omega(t)) \cdot \dot{\omega}(t) - \frac{1}{2} |\xi(t, \omega(t))|^2 \right) dt \right\} dP(\omega) \\ &\leq \mathcal{A}(P). \end{aligned}$$

So the result directly follows from Lemma 17.

Step 4. Distributional solution.

The proof relies on the following chain rule: whenever  $\omega \in H^1([0, 1]; \mathbb{R}^d)$  and  $\varphi \in C_c^1((0, 1) \times \mathbb{R}^d)$ , then  $(t \mapsto \varphi(t, \omega(t))) \in H^1([0, 1])$ , and its distributional derivative is equal to

$$\partial_t \varphi(t, \omega(t)) + \nabla \varphi(t, \omega(t)) \cdot \dot{\omega}(t)$$

for  $dt$ -almost every  $t$  (use some density argument). Therefore, for all  $\varphi \in C_c^1((0, 1) \times \mathbb{R}^d)$ , integrating the previous formula between 0 and 1, we find that for all  $\omega \in H^1([0, 1]; \mathbb{R}^d)$ ,

$$\int_0^1 \{ \partial_t \varphi(t, \omega(t)) + \nabla \varphi(t, \omega(t)) \cdot \dot{\omega}(t) \} dt = 0.$$

Integrating w.r.t.  $P$  (which is valid since  $P$  only charges absolutely  $H^1$  curves), we find

$$\iint_0^1 \{ \partial_t \varphi(t, \omega(t)) + \nabla \varphi(t, \omega(t)) \cdot \dot{\omega}(t) \} dt dP(\omega) = 0.$$

Now, by definition of  $\rho$  and  $m$ , this means

$$\int_0^1 \int \partial_t \varphi d\rho dt + \int_0^1 \int \nabla \varphi \cdot dm = 0.$$

Finally, writing  $m = v\rho dt$ , we find the expected result. □

## 2.4 All solutions are induced by generalized flows

The purpose of the rest of the section is to give a kind of converse of Proposition 15: *Every solution of the continuity equation is induced by a general flow  $P$ .*

The theorem states as follows.

**Theorem 18.** *Let  $\rho : [0, 1] \rightarrow \mathcal{P}(\mathbb{T}^d)$  be a measurable curve and  $v : [0, 1] \times \mathbb{T}^d \rightarrow \mathbb{R}^d$  be a measurable vector field. If the pair  $(\rho, v)$  is a solution of the continuity equation satisfying the bound (10), then there exists  $P \in \mathcal{P}(\Omega)$  such that:*

- For all  $t \in [0, 1]$ ,  $\rho(t) = X_{t\#}P$ .
- $P$ -almost all curve is a solution of the ODE

$$\dot{\omega}_t = v(t, \omega_t).$$

- We have

$$\mathcal{A}(P) = \frac{1}{2} \int_0^1 \int |v(t, x)|^2 d\rho(t, x) dt. \quad (15)$$

*Proof of Theorem 18.* The proof goes through regularization.

Step 1: A smart regularization.

Let us consider  $(\tau_\varepsilon)_{\varepsilon>0}$  a regularization kernel that is positive everywhere on  $\mathbb{T}^d$  (think of the heat kernel). For all  $t \in [0, 1]$  and  $\varepsilon > 0$ , we define

$$\rho^\varepsilon(t) := \tau_\varepsilon * \rho(t). \quad (16)$$

This is a continuous function in  $t$  and  $x$ , smooth w.r.t.  $x$ , uniformly w.r.t.  $t$ . Now, for a given  $\zeta$  satisfying the bound (10), we introduce the following regularization. For all  $t \in [0, 1]$  where  $\zeta(t, \cdot) \in L^2(\rho(t))$  (this is  $dt$ -almost everywhere the case, we write  $t \in \mathcal{T}$ ), we define

$$\zeta^\varepsilon(t, \cdot) = \frac{\tau_\varepsilon * (\zeta(t, \cdot)\rho(t))}{\rho^\varepsilon(t)}. \quad (17)$$

This choice of regularization has two very interesting properties. First, if  $(\rho, v)$  is a solution of the continuity equation, then so is  $(\rho^\varepsilon, v^\varepsilon)$ , but this time, for almost every  $t$ ,  $v^\varepsilon$  is smooth in  $x$  (it is even easy to check that it satisfies (6)). Second, for any  $\zeta$ , the action of  $(\rho^\varepsilon, \zeta^\varepsilon)$  is smaller than the one of  $(\rho, \zeta)$ . Indeed, using Lemma 17, we find

$$\begin{aligned} \frac{1}{2} \int_0^1 \int_0^1 |\zeta^\varepsilon(t, x)|^2 dt d\rho^\varepsilon(t, x) &= \sup_{\xi \in C([0,1] \times \mathbb{T}^d; \mathbb{R}^d)} \int_0^1 \int \xi \cdot d\zeta^\varepsilon \rho^\varepsilon(t) dt - \frac{1}{2} \int |\xi|^2 d\rho^\varepsilon(t) dt \\ &= \sup_{\xi \in C([0,1] \times \mathbb{T}^d; \mathbb{R}^d)} \int_0^1 \int \xi * \tau_\varepsilon \cdot d\zeta \rho(t) dt - \frac{1}{2} \int_0^1 \int |\xi|^2 * \tau_\varepsilon d\rho(t) dt. \end{aligned}$$

By Jensen's inequality, we have everywhere for all  $\xi$ ,  $|\xi|^2 * \tau_\varepsilon \geq |\xi * \tau_\varepsilon|^2$ , so the quantity above is bounded by

$$\begin{aligned} &\sup_{\xi \in C([0,1] \times \mathbb{T}^d; \mathbb{R}^d)} \int_0^1 \int \xi * \tau_\varepsilon \cdot d\zeta \rho(t) dt - \frac{1}{2} \int_0^1 \int |\xi * \tau_\varepsilon|^2 d\rho(t) dt \\ &\leq \sup_{\xi \in C([0,1] \times \mathbb{T}^d; \mathbb{R}^d)} \int_0^1 \int \xi \cdot d\zeta \rho(t) dt - \frac{1}{2} \int_0^1 \int |\xi|^2 d\rho(t) dt \\ &= \frac{1}{2} \int_0^1 \int |\zeta^2(t, x)| d\rho(t, x) dt. \end{aligned}$$

Step 2: Tightness of the regularized generalized flow and limiting generalized flow.

As we saw, for a given  $\varepsilon > 0$ ,  $(\rho^\varepsilon ps, v^\varepsilon)$  is a solution of the continuity equation satisfying the assumptions of the Cauchy-Lipschitz theorem. Therefore, we can associate to  $v^\varepsilon$  its flow  $\phi^\varepsilon$ , and the corresponding generalized flow  $P^\varepsilon$  as provided by Example 14. By Theorem 10 and the development given in Example 14, for all  $t \in [0, 1]$ ,  $\rho^\varepsilon(t) = X_{t\#}P^\varepsilon$ . On the other hand,  $\mathcal{A}(P^\varepsilon)$  satisfies

$$\mathcal{A}(P^\varepsilon) = \frac{1}{2} \int \int_0^1 |v^\varepsilon(t, x)|^2 dt d\rho^\varepsilon(t, x) \leq \frac{1}{2} \int_0^1 \int |v(t, x)|^2 d\rho(t, x) dt.$$

Therefore, in virtue of Lemma 13  $(P^\varepsilon)$  admits a limit point  $P$  in the narrow topology, that satisfies

$$\mathcal{A}(P) \leq \frac{1}{2} \int_0^1 \int |v(t, x)|^2 d\rho(t, x) dt.$$

The fact that for all  $t \in [0, 1]$ ,  $X_{t\#}P = \rho(t)$  is just a consequence of the fact that  $X_t : \Omega \rightarrow \mathbb{T}^d$  is continuous so we can take the limit in  $X_{t\#}P^\varepsilon = \rho^\varepsilon(t)$ .

Step 3: Almost all curve solves the ODE.

Let  $t \in [0, 1]$ . We will prove that calling  $d$  the canonical distance on the torus,

$$\int d\left(\omega(t), \omega_0 + \int_0^t v(s, \omega(s)) ds\right) dP(\omega) = 0. \quad (18)$$

The conclusion as well as (15) follow directly. To do so, let us consider  $w = w(t, x)$  any continuous vector field and  $w^\varepsilon$  its regularization as in (17). It is left as an exercise to the reader that  $w^\varepsilon$  converges to  $w$  uniformly as  $\varepsilon \rightarrow 0$ . Identity (18) will rely on an estimate for

$$\int d\left(\omega(t), \omega_0 + \int_0^t w(s, \omega(s)) ds\right) dP^\varepsilon(\omega), \quad \varepsilon > 0.$$

As the quantity in the integral is bounded and continuous for the topology of continuous curve, it is possible to pass to the limit  $\varepsilon \rightarrow 0$  in this quantity.

Let  $\varepsilon > 0$ . For  $P^\varepsilon$ -almost all curve  $\omega$ , we have  $\omega_t = \omega_0 + \int_0^t v^\varepsilon(s, \omega(s)) ds$ . Therefore,

$$\begin{aligned} & \int d\left(\omega(t), \omega_0 + \int_0^t w(s, \omega(s)) ds\right) dP^\varepsilon(\omega) \\ &= \int d\left(\omega_0 + \int_0^t v^\varepsilon(s, \omega(s)) ds, \omega_0 + \int_0^t w(s, \omega(s)) ds\right) dP^\varepsilon(\omega) \\ &\leq \int \left| \int_0^t (v^\varepsilon(s, \omega(s)) - w(s, \omega(s))) ds \right| dP^\varepsilon(\omega) \\ &\leq \int_0^1 \int |v^\varepsilon(s, \omega(s)) - w(s, \omega(s))| dP^\varepsilon(\omega) ds \\ &= \int_0^1 \int |v^\varepsilon(s, x) - w(s, x)| d\rho^\varepsilon(s, x) ds. \end{aligned}$$

Subtracting and adding  $w^\varepsilon$  in the last identity and using the Cauchy-Schwarz inequality, we find

$$\begin{aligned} & \int d\left(\omega(t), \omega_0 + \int_0^t w(s, \omega(s)) ds\right) dP^\varepsilon(\omega) \\ & \leq t \int_0^1 \int |v^\varepsilon(s, x) - w^\varepsilon(s, x)|^2 d\rho^\varepsilon(s, x) ds + t \|w^\varepsilon - w\|_\infty \\ & \leq t \int_0^1 \int |v(s, x) - w(s, x)|^2 d\rho(s, x) ds + t \|w^\varepsilon - w\|_\infty, \end{aligned}$$

where we used the fact that our regularization reduces the action in the last line, with  $\zeta = v - w$ . taking the limit  $\varepsilon \rightarrow 0$ , we find for all continuous  $w$ ,

$$\int d\left(\omega(t), \omega_0 + \int_0^t w(s, \omega(s)) ds\right) dP(\omega) \leq t \int_0^1 \int |v(s, x) - w(s, x)|^2 d\rho(s, x) ds.$$

Finally,

$$\begin{aligned} & \left| \int d\left(\omega(t), \omega_0 + \int_0^t v(s, \omega(s)) ds\right) dP(\omega) - \int d\left(\omega(t), \omega_0 + \int_0^t w(s, \omega(s)) ds\right) dP(\omega) \right| \\ & \leq \int \left| d\left(\omega(t), \omega_0 + \int_0^t v(s, \omega(s)) ds\right) - d\left(\omega(t), \omega_0 + \int_0^t w(s, \omega(s)) ds\right) \right| dP(\omega) \\ & \leq \int \left| \int_0^t (v(s, \omega(s)) - w(s, \omega(s))) ds \right| dP(\omega) \\ & \leq \int_0^t \int |v(s, x) - w(s, x)| d\rho(s, x) ds. \end{aligned}$$

The result follows by approximation arguments in  $L^1$ . □

### 3 Benamou-Brenier formula

The Benamou-Brenier formula is the following theorem.

**Theorem 19.** *Let  $\mu, \nu \in \mathcal{P}(\mathbb{T}^d)$ . We have*

$$\frac{1}{2} W_2^2(\mu, \nu) = \inf \left\{ \frac{1}{2} \int_0^1 \int |v|^2 d\rho dt \mid (\rho, v) \text{ sol. of cont. eq. with } \rho(0) = \mu \text{ and } \rho(1) = \nu \right\}.$$

*Moreover, both inf are achieved.*

*Proof.* Step 1: " $\geq$ ".

Let  $\gamma \in \overline{\Pi}(\mu, \nu)$ . The goal is to find a solution of the continuity equation  $(\rho, v)$  that satisfies  $\rho_0 = \mu$ ,  $\rho_1 = \nu$ , and

$$\frac{1}{2} \int_0^1 \int |v|^2 d\rho dt \leq \frac{1}{2} \int d(x, y)^2 d\gamma(x, y).$$



Then the conclusion follows from taking the inf in the right hand side.

To do so, we define a measurable map  $\Phi : \mathbb{T}^d \times \mathbb{T}^d \rightarrow C([0, 1]; \mathbb{T}^d)$  that associates to each pair of points  $(x, y)$  a geodesic curve between  $x$  and  $y$ . The existence of such a map is left as an exercise. The only property that we will use of geodesics is that whenever  $\omega$  is a geodesic, then

$$\int_0^1 |\dot{\omega}(t)|^2 dt = d(\omega(0), \omega(1))^2.$$

Now let us define  $P := \Phi_{\#}\gamma$ . We have

$$\begin{aligned} \mathcal{A}(P) &= \frac{1}{2} \int \int_0^1 |\dot{\omega}(t)|^2 dt dP(\omega) = \frac{1}{2} \int d(\omega(0), \omega(1))^2 dP(\omega) \\ &= \frac{1}{2} \int d(\Phi(x, y)(0), \Phi(x, y)(1))^2 d\gamma(x, y) \\ &= \frac{1}{2} \int d(x, y)^2 d\gamma(x, y). \end{aligned}$$

Therefore because of Proposition 15, we can associate to  $P$  a solution  $(\rho, v)$  of the continuity equation, with

$$\frac{1}{2} \int_0^1 \int |v|^2 d\rho dt \leq \mathcal{A}(P) = \frac{1}{2} \int d(x, y)^2 d\gamma(x, y).$$

It remains to check that  $\rho_0 = \mu$  and  $\rho_1 = \nu$ . But  $\rho_0 = X_{0\#}P = X_{0\#}\Phi_{\#}\gamma = (X_0 \circ \Phi)_{\#}\gamma$ . And as  $X_0 \circ \Phi$  is the projection on the first coordinate, we have  $\rho_0 = \mu$ . The second marginal is treated in the same way.

Step 2: " $\leq$ ".

Now we start with  $(\rho, v)$  a solution of the continuity equation between  $\mu$  and  $\nu$  with finite action, and we want to find a  $\gamma \in \Pi(\mu, \nu)$  such that

$$\frac{1}{2} \int d(x, y)^2 d\gamma(x, y) \leq \frac{1}{2} \int_0^1 \int |v|^2 d\rho dt.$$

The conclusion then follows from taking the inf in the right hand side. Let  $P$  be a generalized flow associated with  $(\rho, v)$  by Theorem 18 and  $\gamma := (X_0, X_1)_{\#}P$ . The first marginal of  $\gamma$  is  $X_{0\#}P = \rho_0 = \mu$ . In the same way, the second marginal of  $\gamma$  is  $\nu$ , so  $\gamma \in \Pi(\mu, \nu)$ . In addition, by Theorem 18,

$$\mathcal{A}(P) \leq \frac{1}{2} \int_0^1 \int |v|^2 d\rho dt.$$

But for every curve  $\omega$ , we have

$$\frac{1}{2} d(\omega(0), \omega(1))^2 \leq \frac{1}{2} \int_0^1 |\dot{\omega}(t)|^2 dt.$$

We get the result by integrating this inequality with respect to  $P$ .

Step 3: inf is achieved.

If  $\gamma$  is an optimizer in the static problem, and  $(\rho, v)$  is built as in Step 1, then

$$\frac{1}{2} \int_0^1 \int |v|^2 d\rho dt \leq \frac{1}{2} W_2^2(\mu, \nu).$$

But because of Step 2, this has to be an equality, hence the existence of an optimizer in the dynamic problem.  $\square$

## 4 Interpretation, additional information

Let us make more precise the analogy between  $\mathcal{P}(\mathbb{T}^d)$  and a Riemannian manifold. A Riemannian manifold is a manifold  $M$  equipped with a bilinear form on its tangent spaces, that is, for all  $p \in M$ , there is a bilinear form  $g_p : T_p M \times T_p M$  (we do not talk about regularity assumptions).

Here, a priori, we see the set of vector fields in  $L^2(\rho)$  as the formal tangent space of  $\mathcal{P}(\mathbb{T}^d)$  at point  $\rho \in \mathcal{P}(\mathbb{T}^d)$ , and what plays the role of  $g$  is simply the  $L^2$  norm, that is, for all  $\rho \in \mathcal{P}(\mathbb{T}^d)$  and  $v, w \in L^2(\rho)$ ,

$$g_\rho(v, w) := \int v \cdot w d\rho.$$

The reason behind this idea is that at least formally, whenever we have a map  $\rho \in \mathcal{P}(\mathbb{T}^d) \mapsto v(\rho) \in L^2(\rho)$ , we can "integrate" the "vector field" by finding the curves  $\rho$  solving the continuity equation

$$\partial_t \rho + \operatorname{div}(\rho v(\rho)) = 0.$$

In that sense, the continuity equation plays the role of ODEs in the classical theory.

It can be frustrating with this idea that starting just from a curve  $\rho$ , it is not clear what is the velocity of  $\rho$  at time  $t$ . Another annoying observation is that it is perfectly possible that two "vector fields"  $v(\rho)$  and  $w(\rho)$  induce the same solutions of the continuity equation: it suffices that for all  $\rho$ ,

$$\operatorname{div}(\rho v(\rho)) = \operatorname{div}(\rho w(\rho)).$$

These two obstructions are solved by the following theorem that we will not prove (see [5, Theorem 5.14] for some very similar result):

**Theorem 20.** *Let  $\rho : t \in [0, 1] \mapsto \rho(t) \in \mathcal{P}(\mathbb{T}^d)$ . The curve  $\rho$  satisfies the following bound<sup>1</sup>*

$$\sup_{\substack{0=t_0 < \dots < t_n=1, \\ n \in \mathbb{N}^*}} \sum_{k=1}^n \frac{W_2^2(\rho(t_k), \rho(t_{k-1}))}{t_k - t_{k-1}}$$

---

<sup>1</sup>We say that  $\rho \in AC^2([0, 1]; \mathcal{P}(\mathbb{T}^d))$ .

if and only if there exists  $v$  such that  $(\rho, v)$  is a solution of the continuity equation in the sense of Definition 6. Moreover,

$$\sup_{\substack{0=t_0 < \dots < t_n=1, \\ n \in \mathbb{N}^*}} \sum_{k=1}^n \frac{W_2^2(\rho(t_k), \rho(t_{k-1}))}{t_k - t_{k-1}} = \inf \left\{ \int_0^1 \int |v|^2 d\rho dt \mid v \text{ s.t. } (\rho, v) \text{ solves cont. eq.} \right\},$$

the inf is achieved uniquely in  $L^2(\rho(t) \otimes dt)$ , and for almost every  $t$ ,  $v(t, \cdot)$  is in the closure of the sets of gradients

$$\left\{ \nabla \varphi \mid \varphi \in C^\infty(\mathbb{T}^d) \right\}$$

in the  $L^2(\rho(t))$  topology.

In particular, this theorem shows that a posteriori, to get a better analogy with classical Riemannian manifold, it is better to see the tangent of  $\mathcal{P}(\mathbb{T}^d)$  at point  $\rho$  as the set of gradients (or more precisely, as its closure in  $L^2(\rho)$ ). For the following, we can put aside this remark, and be confident that every sufficiently regular curves are indeed solutions of the continuity equation, so that working with solutions of the continuity equation is not restrictive.

In classical Riemannian geometry, the geodesics between points  $p, p' \in M$  are the optimizers of the quantity

$$\inf_{\substack{\omega \in H^1([0,1]; M) \\ \omega(0)=p, \omega(1)=p'}} \int_0^1 |\dot{\omega}(t)|^2 dt.$$

This is exactly replaced in our context by the problem

$$\inf \left\{ \frac{1}{2} \int_0^1 \int |v|^2 d\rho dt \mid (\rho, v) \text{ sol. of cont. eq. with } \rho(0) = \mu \text{ and } \rho(1) = \nu \right\},$$

whose solutions are therefore called geodesics in the Wasserstein space  $(\mathcal{P}(\mathbb{T}^d), W_2)$ .

On a Riemannian manifold  $(M, g)$ , there is a particular type of ODEs: the gradient flows. The idea is the following. Any smooth function  $U : M \rightarrow \mathbb{R}$  admits a gradient at any point  $p \in M$ . This is the only vector  $\nabla U(p) \in T_p M$  such that for all  $v \in T_p(M)$ ,  $DU(p)(v) = g_p(\nabla U(p), v)$ , where  $DU(p) : T_p M \rightarrow \mathbb{R}$  is the differential of  $U$  at  $p$ . In particular, the gradient of  $U$  is characterized by the fact that for all smooth curve  $\omega$  and for all  $t$ ,

$$\frac{d}{dt} U(\omega(t)) = g_{\omega(t)}(\nabla U(\omega(t)), \dot{\omega}(t)).$$

The gradient flow (or steepest descent) associated to  $U$  is then the ODE

$$\dot{\omega}(t) = -\nabla U(\omega(t)).$$

It has the very useful property that if  $\omega$  is a solution, then  $t \mapsto U(\omega(t))$  is a nonincreasing function.

Here we can play the same game. We can for instance try to understand the "gradient" of the following functional on  $\mathcal{P}(\mathbb{T}^d)$ :

$$U : \rho \in \mathcal{P}(\mathbb{T}^d) = \int V \, d\rho + \frac{1}{2} \int W(x-y) \, d\rho(y) \, d\rho(x) + \int f \left( \frac{d\rho}{dx}(x) \right) \, dx,$$

where  $V, W : \mathbb{T}^d \rightarrow \mathbb{R}$  and  $f : \mathbb{R}_+ \rightarrow \mathbb{R}$  are smooth,  $W$  is even, and where the last integral is set to  $+\infty$  if  $\rho$  is not absolutely continuous w.r.t.  $dx$ . From now on, we do not differentiate anymore between  $\rho$  and its Radon-Nikodym derivative w.r.t. Lebesgue, so we write  $f(\rho(x))$  in place of  $f(\frac{d\rho}{dx}(x))$ . In the applications,  $U$  is the energy associated with a population of particles of distribution  $\rho$ , evolving in a potential energy  $V$ , having pairwise interaction described by the potential  $W$ , and having internal energy described by  $f$ . Assume that  $\rho$  is a sufficiently regular curve (i.e.  $AC^2$  and everywhere absolutely continuous w.r.t. Lebesgue) and let  $v$  be such that  $(\rho, v)$  is a solution of the continuity equation. Then a quick computation shows

$$\begin{aligned} \frac{d}{dt} U(\rho(t)) &= \int \nabla V(x) \cdot v(x) \, d\rho(t) + \int \nabla W(x-y) v(t, x) \, d\rho(t, y) \, d\rho(t, x) \\ &\quad + \int \nabla (f'(\rho(x))) \cdot v(t, x) \, d\rho(t, x) \\ &= \int \left( \nabla V(x) + \int \nabla W(x-y) \, d\rho(t, y) + \nabla f'(\rho(x)) \right) \cdot v(t, x) \, d\rho(t, x). \end{aligned}$$

Therefore, the "gradient" of  $U$  at  $\rho$  is the vector field in  $L^2(\rho)$  defined by the formula

$$\nabla V + \nabla W * \rho + \nabla f'(\rho).$$

So the curve  $\rho$  is a solution of the formal gradient flow associated with  $U$  if for all  $t$ , the "velocity" of  $\rho$  at time  $t$  is given by minus this "gradient". Translated in the vocabulary of the continuity equation, this means that  $\rho$  solves the PDE

$$\partial_t \rho = \operatorname{div} \left( \left\{ \nabla V + \nabla W * \rho + \nabla f'(\rho) \right\} \rho \right).$$

*Example 21.* Choose  $V = W = 0$  and  $f : x \mapsto x \log x$ . Then, this PDE rewrites

$$\partial_t \rho = \operatorname{div} \left( (\nabla \log \rho) \rho \right) = \Delta \rho.$$

The heat equation is the gradient flow of the entropy functional in the Wasserstein space.

Choose  $V = W = 0$  and  $f : x \mapsto x^p / (p-1)$ , with  $p > 1$ . We find

$$\partial_t \rho = \frac{p}{p-1} \operatorname{div} \left( (\nabla \rho^{p-1}) \rho \right) = \Delta(\rho^p).$$

The porous medium equation is the gradient flow of the power functional in the Wasserstein space.

## 5 Extensions

We made our analysis in  $\mathbb{T}^d$ , but actually a lot of things would be true in  $\mathbb{R}^d$ , or even in more general spaces. Let us make a list of contexts where the different results of this lecture are true.

- The Wasserstein distance  $W^p$  can be defined on any metric base space  $(X, d)$  on the set  $\mathcal{P}_p(X)$  of probability measures  $\rho$  for which there exists  $x_0 \in X$  such that

$$\int d(x_0, x)^p d\rho(x) < +\infty.$$

In that case, this condition holds replacing  $x_0$  by any other point of  $X$ .

Whenever  $X$  is separable and complete,  $W_p$  is a distance [3, Section 7.1]. If  $X = \mathbb{R}^d$  or even an infinite dimensional Hilbert space, we have the following equivalence holding for all  $(\rho_n) \in \mathcal{P}_p(X)^N$  and  $\rho \in \mathcal{P}_p(X)$ :

$$W_p(\rho_n, \rho) \xrightarrow{n \rightarrow +\infty} 0 \quad \Leftrightarrow \quad \left( \rho_n \xrightarrow[n \rightarrow +\infty]{(n)} \rho \text{ and } \int |x|^p d\rho_n(x) \xrightarrow{n \rightarrow +\infty} \int |x|^p d\rho(x) \right),$$

see [3, Remark 7.1.11].

- The theory of the continuity equation would be almost the same in  $\mathbb{R}^d$ . Definition 6 could be written in  $\mathbb{R}^d$  instead of  $\mathbb{T}^d$ . Then, Theorem 10 would still hold (we could even relax (6) by some local bounds up to adding an assumption of linear growth at infinity for  $v$ , see [1, Remark 2.4]). Proposition 15 and Theorem 18 would be the same. In the case of Theorem 18, we could even relax (4), see [1, Theorem 3.4], and some similar relaxation could be made for Proposition 15.
- The Benamou-Brenier Theorem 19 holds true with exactly the same formulation in  $\mathbb{R}^d$  using the definition of a solution of the continuity equation as in the previous point, and assuming in addition  $\mu, \nu \in \mathcal{P}_2(\mathbb{R}^d)$ , see [3, Chapter 8].

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