# **Calculus of Variations –**

# **Final Examination**

– Duration : 3h; all kind of paper documents (notes, books...) are authorized.

*The total score of this exam is much more than 20 : you are not expected to deal with all the exercises (but of course you can). The grade will just be truncated at 20.*

**Exercice 1** (6 points)**.** Consider the minimization problem

$$
\min\left\{\int_0^1 e^{-2t} \left(\frac{1}{2}u'(t)^2 + \frac{3}{2}u(t)^2 + \frac{5}{2}u(t)\right)dt \quad : \quad u \in C^1([0,1]), \ u(0) = u(1) = a\right\}
$$

and prove that it admits a minimizer, that it is unique, and find it, in the two cases  $a = -5/6$  and  $a = 5/6$ .

#### **Solution**

The minimization problem above is convex, and even strictly convex. Hence, it admits at most one soluton, and it is enough to write the Euler-Lagrange equation with its boundary conditions, and solve it : the solution of the equation will also be the unique solution of the minimization problem.

From  $L(t, x, v) = e^{-2t}(\frac{|v|^2}{2} + \frac{3|x|^2}{2} + \frac{5x}{2})$  we find the Euler-Lagrange equation  $(\partial_v L(t, u, u'))' = \partial_x L(t, u, u'),$ which, after simplifying  $e^{-2t}$ , reads  $u'' - 2u' = 3u + 5/2$ .

First notice that the constant  $u = -5/6$  is a solution of the equation, so, in case  $a = -5/6$ , the answer is just  $u(t) = -5/6$ , which is a  $C<sup>1</sup>$  function and solves the problem.

For  $a = 5/6$  we have to solve the equation. The solution is of the form

$$
u(t) = Ae^{-t} + Be^{3t} - \frac{5}{6},
$$

which is found by using the particular solution −5*/*6 and adding arbitrary solutions of the homogeneous equation  $u'' - 2u' - 3u = 0$  (a basis of the space of solutions is given by the functions of the form  $e^{\lambda t}$ for  $\lambda$  solving  $\lambda^2 - 2\lambda = 3 = 0$ , i.e.  $\lambda = -1$  and  $\lambda = 3$ ).

Imposing  $u(0) = u(1) = 5/6$  we can find

$$
A = \frac{5}{3} \cdot \frac{e^4 - e}{e^4 - 1}, \quad B = \frac{5}{3} \cdot \frac{e - 1}{e^4 - 1}.
$$

**Exercice 2** (5 points). Let  $\Omega$  be an open and bounded subset of  $\mathbb{R}^d$ ,  $p > 1$  and  $h : \mathbb{R} \to \mathbb{R}_+$  a continuous function. Consider the following minimization problem

$$
\min\left\{\int_{\Omega}\sqrt{h(u(x))+|\nabla u(x)|^{2p}}\,dx\ :\ u\in W_0^{1,p}(\Omega)\right\}.
$$

Prove that it admits a solution. Also prove that its minimal value is strictly positive if  $h(0) > 0$ . Consider now

$$
\inf\left\{\int_\Omega\sqrt{\frac{1+|\nabla\varphi(x)|^{2p}}{1+|\varphi(x)|^{2p}}},dx\;:\;\varphi\in C^\infty_c(\Omega)\right\}.
$$

Prove that the value of this infimum is strictly positive.

#### **Solution**

For the first part, notice that by  $h \geq 0$  any minimizing sequence  $u_n$  will be such that  $\int \sqrt{|\nabla u_n|^2 p}$  $||\nabla u_n||_{L^p}^p$  will be bounded and, using the Poincaré inequality (since we are in  $W_0^{1,p}$  $\binom{1,p}{0}$ , any minimizing sequence is bounded in  $W_0^{1,p}$  $_{0}^{1,p}$ . We can extract a weakly converging subsequence. The functional is of the form  $u \mapsto \int L(u, \nabla u)$  with *L* continuous in the first variable and convex in the second. Hence it is l.s.c. for the weak  $W^{1,p}$  convergence, and the limit of the sequence is a minimizer. **Warning :** since the functional is not the sum of a part with *u* and a part with  $\nabla u$ , the semicontinuity cannot be discussed by separating the two parts.

The minimum is for sure not negative, and could only be zero if the minimizer *u* satisfied both  $|\nabla u| = 0$ and  $h(u) = 0$  a.e. But the first condition implies that it is constant equal to 0 (because it is 0 on the boundary), and if  $h(0) > 0$  then the minimum is strictly positive. **Warning :** unless you prove continuity of the minimizers up to  $\partial\Omega$  (which is not a consequence of  $u \in W^{1,p}$ ), saying that  $h(u)$  is strictly positive on *∂*Ω and hence must be strictly positive on a neighborhood of the boundary does not work.

For the second part, define  $g : \mathbb{R} \to \mathbb{R}$  by setting  $g(0) = 0$  and  $g'(t) = (1 + t^{2p})^{1/2p}$ . The function *g* is  $C<sup>1</sup>$  and strictly increasing. Then we have

$$
\sqrt{\frac{1+|\nabla \varphi|^{2p}}{1+|\varphi|^{2p}}}=\sqrt{\frac{1}{1+|\varphi|^{2p}}+|\nabla (g\circ \varphi)|^{2p}}
$$

and

$$
\frac{1}{1+|\varphi|^{2p}} = \frac{1}{1+|g^{-1}(g\circ\varphi)|^{2p}} = h(g\circ\varphi),
$$

for a certain continuous function  $h : \mathbb{R} \to \mathbb{R}_+$  with  $h(0) = 1/(1 + |g^{-1}(0)|^{2p} = 1 > 0$ .

Hence, the values in the inf below are all larger than the minimum above (by using  $u = q \circ \varphi$ , and not  $u = \varphi$ , which is strictly positive.

**Exercice 3** (6 points). Let  $\Omega$  be a given bounded *d*−dimensional domain,  $f \in L^2(\Omega)$  with  $\int_{\Omega} f(x)dx$  = 0, and  $L \leq \pi/2$  a given constant. Consider the following minimization problem

$$
\min\left\{\int_{\Omega} \left[1 - \cos(|\nabla u(x)|) + f(x)u(x)\right] dx \ : \ u \in \text{Lip}(\Omega), \ |\nabla u| \le L \text{ a.e.},\right\}.
$$

- 1. Preliminarly, justify that the function  $h : \mathbb{R} \to \mathbb{R} \cup \{+\infty\}$  defined by  $h(s) = 1 \cos(s)$  for  $|s| \leq L$ and  $h(s) = +\infty$  for  $|s| > L$  and the function  $H : \mathbb{R}^d \to \mathbb{R} \cup \{+\infty\}$  defined by  $H(w) = h(|w|)$ are convex, and find their transforms  $h^*$  and  $H^*$ .
- 2. Prove that this problem admits a solution.
- 3. Prove that the solution is unique up to additive constants.
- 4. Formally write the dual of this problem ("formally" means that the proof of the duality result is not required, as the growth conditions assumed in class are not satisfied).
- 5. Assuming that duality holds, that  $\Omega$  is the *d*-dimensional torus, that  $L < \pi/2$  and that  $f \in$  $W^{1,1}(\Omega)$ , prove that the solution *u* of the above problem belongs to  $H^2(\Omega)$ . Does it work also if  $f \in BV(\Omega)$  ?

### **Solution**

1. The function  $h$  is finite and  $C^2$  on an interval, and its second derivative is non-negative on this interval : hence, it is convex. Moreover, h is increasing on  $\mathbb{R}_+$  : when we compose it with  $w \mapsto |w|$ , which is convex and non-negative, the composition *H* is convex. To compute *h* <sup>∗</sup> we write

$$
h^*(t) = \sup_s ts - h(s) = \sup_{|s| \le L} st - 1 + \cos(s).
$$

The function to maximize is concave in *s* and its derivative is given by  $t - \sin(s)$ . Hence, if there is  $s \in [-L, L]$  with  $\sin(s) = t$  (which means, if  $|t| \le \sin L$ ), the maximizer is such a point. Otherwise it is  $s = \pm L$ , depending on the sign of t (same sign as t, in order to maximize the term *ts*). So we have

$$
h^*(t) = \begin{cases} t \arcsin(t) - 1 + \cos(\arcsin(t)) = t \arcsin(t) - 1 + \sqrt{1 - t^2} & \text{if } |t| \le \sin(L), \\ tL - 1 + \cos(L) & \text{if } t > \sin(L), \\ -tL - 1 + \cos(L) & \text{if } t < -\sin(L) \end{cases}
$$

One can check that this function is  $C<sup>1</sup>$  and convex.

As for  $H^*$ , we have  $H^*(v) = \sup_w v \cdot w - h(|w|)$ , and it is optimal to take *v* and *w* in the same direction, so that we have  $H^*(v) = h^*(|v|)$ .

- 2. Take a minimizing sequence  $u_n$ . Because of  $\int f = 0$ , we can assume  $\int u_n = 0$  (adding a constant does not change the value of the functional). The sequence  $(u_n)$  is uniformly Lipschitz and uniformly bounded (because  $u_n$  vanishes somewhere, and is  $L$ -Lipschitz, so that we have  $|u_n| \leq L$ diam $(\Omega)$ ). We can extract a subsequence which converges uniformly, and also weakly in  $W^{1,p}$ , for any *p*. The limit will also have the same Lipschitz constant, and the functional is l.s.c.. So, the limit is admissible and minimizes the functional.
- 3. The functional is strictly convex w.r.t.  $\nabla u$  : any two minimizers mus thave the same gradient. Hence, they coincide up to additive constants. **Warning :** checking that the value for  $u + c$ is the same as that for *u* is not a valid answer, it only proves that you can add constants to minimizers, not that you can ONLY add constants to minimizers.
- 4. From the formulas we know the dual is given by

$$
\min\left\{\int H^*(v) : \nabla \cdot v = f\right\},\
$$

where  $H$  is the function of Question 1. Hence, here we get the expression of  $H^*$  that we computed above. Note that this functional has lineargrowth in *v*.

5. The usual argument from "regularity via duality" is the following : suppose  $H(w) + H^*(v) \ge$  $v \cdot w + c|J_*(v) - J(w)|^2$ , and denote by  $u_h$  the translation of  $u(u_h(x) = u(x + h))$ ; let *F* be the functional we minimize in the primal problem, then we have

$$
c\int |J(\nabla u_h) - J(\nabla u)|^2 = c\int |J(\nabla u_h) - J_*(v)|^2 \leq F(u_h) - F(u).
$$

Here  $D^2H > cI$  (this is why we suppose  $L < \pi/2$ , since the second derivative of the cosinus vanishes at  $\pi/2$ , so that we know that we can take  $J(w) = w$  and  $J_*(v) = \nabla H^*(v)$ . We are just left to prove that  $F(u_h) - F(u) = o(|h|^2)$ , which would give  $\nabla u \in H^1$ , hence  $u \in H^2$ . We know that it is enough to prove that  $h \mapsto F(u_h)$  is  $C^{1,1}$ , and we know that we just need to consider  $h \mapsto \int f u_h$ , since the first part of the functional, by change-of-variable, does not depend on *h*. The Hessian if this quantity (standard computations) is given by

$$
\int \nabla f \otimes \nabla u_h
$$

and we just need  $f \in W^{1,1}$  and  $u \in W^{1,\infty}$  (which is the case) in order to bound it by a constant. The case  $f \in BV$  can be justified, for instance, by approximation (it has no meaning to integrate  $\nabla f$  times  $\nabla u_h$  if one is a measure and the other  $L^{\infty}$ ).

**Exercice 4** (7 points). Let  $\Omega \subset \mathbb{R}^d$  be an open and bounded domain. On the space  $H_0^1(\Omega)$  consider the sequence of functionals

$$
F_{\varepsilon}(u) = \int_{\Omega} \left[ \frac{|\nabla u(x)|^2}{2} + \frac{\sin(\varepsilon u(x))}{\varepsilon} \right] dx.
$$

- 1. Prove that, for each  $\varepsilon > 0$ , the functional  $F_{\varepsilon}$  admits at least a minimizer  $u_{\varepsilon}$ .
- 2. Prove that the minimizers  $u_{\varepsilon}$  satisfy  $||\nabla u_{\varepsilon}||_{L^2}^2 \leq 2||u_{\varepsilon}||_{L^1}$  and that the norm  $||u_{\varepsilon}||_{H_0^1}$  is bounded by a constant independent of *ε*.
- 3. Find the Γ-limit  $F_0$ , in the weak  $H_0^1$  topology, of the functionals  $F_\varepsilon$  as  $\varepsilon \to 0$ .
- 4. Characterize via a PDE the unique minimizer  $u_0$  of the limit functional  $F_0$ .
- 5. Prove  $u_{\varepsilon} \rightharpoonup u_0$  in the weak  $H_0^1$  topology.
- 6. Prove that the convergence  $u_{\varepsilon} \to u_0$  is actually strong in  $H_0^1$ .
- 7. Prove that all minimizers  $u_{\varepsilon}$  satisfy  $-\frac{\pi}{2\varepsilon} \leq u_{\varepsilon} \leq 0$ , and that for each  $\varepsilon$  the minimizer is unique.

## **Solution**

- 1. Using the lower bound  $\sin(\varepsilon u) \geq -1$  we see that any minimizing sequence is bounded in  $H_0^1$ . We extract a weakly converging subsequence, and the functional is l.s.c., since the integrand is convex in the gradient part and continuous in *u*. Hence, the limit minimizes.
- 2. The estimate can be obtained by comparing with  $u = 0$ : we have  $F_{\varepsilon}(u_{\varepsilon}) \leq F_{\varepsilon}(0) = 0$ . This gives  $||\nabla u_{\varepsilon}||_{L^2}^2 \leq 2 \int -\frac{\sin(\varepsilon u_{\varepsilon}(x))}{\varepsilon}$  $\frac{u_{\varepsilon}(x)}{\varepsilon}dx \leq \int |u_{\varepsilon}|$  (by the way, using the Euler-Lagrange equation it is also possible to obtain the same estimate without the factor 2). Bounding the  $L^1$  norm with the  $L^2$  norm, and using Poincaré, we get

$$
||\nabla u_{\varepsilon}||_{L^2}^2 \leq C||\nabla u_{\varepsilon}||_{L^2},
$$

which gives a bound on  $||\nabla u_{\varepsilon}||_{L^2}$  and the sequence is bounded in  $H_0^1$ .

3. We can guess the Γ-limit by looking at the pointwise limit. If we fix *u*, we have  $\sin(\varepsilon u)/\varepsilon \to u$ , hence we guess

$$
F_0(u) = \int_{\Omega} \left[ \frac{|\nabla u(x)|^2}{2} + u(x) \right] dx.
$$

Since it is a pointwise limit, the Γ-limsup part is easy : just take the constant sequence  $u_{\varepsilon} = u$ . For the Γ-liminf, we take  $u_{\varepsilon} \to u$  (weak convergence in  $H_0^1$ , hence strong in  $L^2$ ) and write, using  $\sin(s) \geq s - Cs^2$  (Taylor expansion)

$$
F_{\varepsilon}(u_{\varepsilon}) \geq F_0(u_{\varepsilon}) - C\varepsilon \int u_{\varepsilon}^2.
$$

We then use the semicontinuity of  $F_0$  and the fact that  $u_\varepsilon$  is bounded in  $L^2$  to get that the liminf is at least  $F_0(u)$ .

4. The solution  $u_0$  of  $\min\{F_0(u) : u \in H_0^1(\Omega)\}$  is the solution of

$$
\begin{cases} \Delta u = 1 & \text{in } \Omega, \\ u = 0 & \text{on } \partial \Omega. \end{cases}
$$

- 5. The sequence of minimizers  $u_{\varepsilon}$  is bounded in  $H_0^1$ , hence compact for the weak convergence. Any limit must minimize  $F_0$ , but the minimizer is unique, so the whole sequence converges to  $u_0$ .
- 6. Since the minimizers of  $F_{\varepsilon}$  stay in a same compact set (a bounded set in  $H_0^1$ ), we have the compactness assumption (equicoercivity) which guarantees min  $F_{\varepsilon} \to \min F_0$ . But this means  $F_{\varepsilon}(u_{\varepsilon}) \to F_0(u_0)$  and implies  $||\nabla u_{\varepsilon}||_{L^2} \to ||\nabla u_0||_{L^2}$ . Together with the weak converge,ce this gives strong convergence.

7. Consider the function  $f : \mathbb{R} \to \mathbb{R}$  defined by  $f(s) = -|s|$  for  $|s| \leq \pi/2$ , and extended by periodicity on R. This function is Lipschitz with constant 1, and we can check that we have  $\sin(f(s)) \leq \sin(s)$ . Hence, if we define  $\tilde{u}_{\varepsilon} = \varepsilon^{-1} f(\varepsilon u_{\varepsilon})$ , we have  $F_{\varepsilon}(\tilde{u}_{\varepsilon}) \leq F_{\varepsilon}(u_{\varepsilon})$ . Moreover, as soon as there is a non-negligible set where  $\varepsilon u_{\varepsilon}$  belongs to  $]-2\pi, -\pi$  or  $[0, \pi]$ , the inequality in the sinus is strict, hence  $u_{\varepsilon}$  could not be a minimizer. This proves that  $u_{\varepsilon}$  cannot take values outside  $[-\pi/\varepsilon, 0]$  (we can prove, by using the regularity associated with the Euler-Lagrange equation, that  $u_{\varepsilon}$  is continuous, so that if  $\varepsilon u_{\varepsilon}$  takes values outside  $[-\pi/\varepsilon, 0]$  then it takes values in  $]-2\pi, -\pi[$  or  $]0, \pi[$  on a non-negligible set). In order to prove that it actually takes values in  $[-\pi/(2\varepsilon), 0]$ , we can define  $\hat{u}_{\varepsilon} = \max\{-\pi/(2\varepsilon), u_{\varepsilon}\}\$ and see that also in this case we would have a strict inequality if  $\varepsilon u_{\varepsilon}$  takes values smaller than  $-\pi/2$ .

Once that we know that the minimizers take value in  $[-\pi/(2\varepsilon), 0]$ , we see that the functional is strictly convex on these functions, and the minimizer is unique.

**Exercice 5** (7 points). Let  $\Omega \subset \mathbb{R}^2$  be the ball  $B(0, 2)$ . On the space  $L^1(\Omega)$  consider the sequence of functionals

$$
F_{\varepsilon}(u) = \begin{cases} \int_{\Omega} \left[ \frac{\varepsilon}{2} |\nabla u(x)|^{2} + \frac{1}{2\varepsilon} \left( \frac{1}{1 + (2u(x) - 1)^{2}} - \frac{1}{2} \right)^{2} + 2(|x| - 1)u(x) \right] dx & \text{if } u \in H_{0}^{1}(\Omega), 0 \le u \le 1, \\ +\infty & \text{otherwise.} \end{cases}
$$

- 1. Find the Γ-limit, in the strong  $L^1$  topology, of the functionals  $F_\varepsilon$  as  $\varepsilon \to 0$ .
- 2. Prove that the unique minimizer of the limit functional is the indicator function of a ball, and find it.
- 3. Prove that, for each  $\varepsilon > 0$ , the functional  $F_{\varepsilon}$  admits at least a minimizer  $u_{\varepsilon}$ , and prove that  $u_{\varepsilon}$ admits a strong  $L^1$  limit as  $\varepsilon \to 0$ , and find it.
- 4. Prove that, for each  $\varepsilon > 0$ , the functional  $F_{\varepsilon}$  admits at least a radially decreasing minimizer  $u_{\varepsilon}$ .

#### **Solution**

1. The first part of the functional is a Modica-Mortola term, with a double-well function given by

$$
W(s) = \left(\frac{1}{1 + (2s - 1)^2} - \frac{1}{2}\right)^2,
$$

which only vanishes at  $s = 0, 1$ . We know that it Γ-converges, for the strong  $L^1$  topology, to the functional

$$
F(u) = \begin{cases} c\text{Per}(A) & \text{if } u = I_A \in BV(\Omega), \\ +\infty & \text{otherwise,} \end{cases}
$$

where  $c = \int_0^1 \sqrt{W(s)} ds$ . Notice that we can include the constraint  $0 \le u \le 1$  in the Γconvergence since the construction of the recovery sequence in the  $\Gamma$  – lim sup preserves it. Also notice that the constraint  $u \in H_0^1$  means that, in the limit, the perimeter also counts the part of boundary of A which is on the boundary of  $\Omega$  (even if  $u = 1$  close to the boundary, one has to go down to 0... the recovery sequence in the  $\Gamma$  – lim sup is built by first supposing  $d(A, \partial \Omega) > 0$ , and the proving that we have a dense-in-energy sequence).

The other part of the functional is continuous for the convergence we use, so it canbe added to the Γ-convergence result. Hence we have a Γ-limit *F*<sup>0</sup> given by

$$
F(u) = \begin{cases} c\text{Per}(A) + \int_A 2(|x| - 1)dx & \text{if } u = I_A \in BV(\Omega), \\ +\infty & \text{otherwise.} \end{cases}
$$

In our case we can compute the constant *c*

$$
c = \int_0^1 \left( \frac{1}{1 + (2s - 1)^2} - \frac{1}{2} \right) ds = \int_{-1}^1 \left( \frac{1}{1 + t^2} - \frac{1}{2} \right) \frac{dt}{2} = \frac{\pi - 2}{4} \approx 0.27.
$$

2. By symmetrization, any set *A* can be replaced by a ball with the same volume, and this reduces the perimeter. Moreover, if we choose to center this ball at the origin and we call it *B*, we also have  $\int_A 2(|x|-1) \ge \int_B 2(|x|-1)$  since the values of the function  $2(|x|-1)$  are radially increasing, and concentrating the same measure where it is minimal decreases the integral. By the way, the integral strictly decreases unless *A* was already equal to *B*. Hence, the minimum is a given by  $u = I_A$ , with *A* a ball centered at the origin. Set  $A = B(0, R)$ , and compute the value fo the functional : we have

$$
F(I_{B(0,R)}) = c2\pi R + 4\pi \left(\frac{R^3}{3} - \frac{R^2}{2}\right).
$$

This function is minimized on the positive values of *R* by

$$
R = \frac{1}{2} + \sqrt{\frac{1 - 2c}{4}}
$$

(the derivative vanishes in two points, but  $\frac{1}{2} - \sqrt{\frac{1-2c}{4}}$  $\frac{-2c}{4}$  is a local maximum). We have found the unique minimizer of the limit functional.

- 3. Using  $W \ge 0$  and  $2(|x|-1)u \ge -2$  we see that any minimizing sequence is bounded (for fixed  $\varepsilon > 0$ ) in  $H_0^1$ , and the functional is l.s.c. for the weak  $H_0^1$  convergence. We deduce the existence of a minimizer. From the proof of the lower bounds in the Γ-convergence, we have a strictly or a minimizer. From the proof of the lower bounds in the 1-convergence, we have a strictly<br>increasing function  $\phi : \mathbb{R} \to \mathbb{R}$  (the anti-derivative of  $\sqrt{W}$ ) such that  $\int |\nabla(\phi \circ u_{\varepsilon})|$  is bounded. This proves that, up to subsequences,  $\phi \circ u_{\varepsilon}$  converges strongly in  $L^1$  (we use the compact injection of  $BV$  into  $L^1$ ) to something, and in particular it converges a.e. Composing with  $\phi^{-1}$ , also  $u_{\varepsilon}$  converges a.e. to something and, because of the bounds  $0 \le u_{\varepsilon} \le 1$ , it converges strongly in  $L^1$  since it is domainated. The limit can only by a minimizer of  $F_0$ , i.e. the indicator of the ball of the radius we just found.
- 4. We can symmetrize the minimizers  $u_{\varepsilon}$ . The symmetrization will provide a better result (and hence a contradiction, unless  $u_{\varepsilon}$  is already symmetric, i.e. radially diecreasing) provided we can prove

$$
\int fu \geq \int fu^*
$$

as soon as *f* is a radially increasing function (here  $f(x) = 2(|x|-1)$ ; we also need strict inequality as soon as  $u \neq u_*$ . To do this, use *u* and  $u^*$  as measures (they are positive, and have the same mass) and remember  $\int f d\mu = \int \mu({f > t}) dt$ . Now, for each *t*, we have  $\int_{f > t} u \ge \int_{f > t} u^*$  via a similar argument as before  $: u^*$  brings more mass closer to the origin. Indeed,

$$
\int_{\{f > t\}} u = \int |\{u > s\} \cap \{f > t\}| ds
$$

and  $|\{u > s\} \cap \{f > t\}| \geq |\{u^* > s\} \cap \{f > t\}|$  since  $\{f > t\}$  is the complement of a centered ball, and  $\{u^* > s\}$  has the same volume as  $\{u > s\}$ , but is more contained in the ball  $\{f \le t\}$ . We also see that the inequality is strict as soon as the sublevel sets of  $u$  and  $u^*$  have not the same measure in all the balls.

Actually, there is a more general inequality that one could prove :  $\int u^*v^* \geq \int uv$  for every *u*, *v* (but in our case, one of the two functions is already radial).