

**Problem sheet # 5**  
Gluskin's theorem

**Exercise 5.1 Polytopes**

1. Let  $K \subset \mathbf{R}^n$  be a convex body. Show that  $K$  is the convex hull of a finite set iff it is the intersection of finitely many half-spaces.
2. Let  $P \subset \mathbf{R}^n$  be polytope with  $v$  vertices and  $f$  facets, with  $0$  in the interior of  $P$ . Show that  $P^\circ$  is a polytope with  $v$  facets and  $f$  vertices.

**Exercise 5.2 Octahedron as a section of the cube**

Fix a integer  $n$ . Show that there exist  $N$  and a  $n$ -dimensional subspace  $E \subset \mathbf{R}^N$  such that  $d_{BM}(B_1^n, E \cap B_\infty^N) = 1$ . What is the minimal such  $N$ ?

**Exercise 5.3 Zonotopes**

A zonotope in  $\mathbf{R}^n$  is a polytope which can be written as the Minkowski addition of finitely many segments. For example the cube  $[-1, 1]^n$  is a zonotope since

$$[-1, 1]^n = [-e_1, e_1] + \cdots + [-e_n, e_n].$$

1. Show that a convex body is a zonotope iff it is of the form  $A(B_\infty^N)$  for some integer  $N$  and some linear map  $A : \mathbf{R}^N \rightarrow \mathbf{R}^n$ .
2. Show that every centrally symmetric polygon (i.e. planar polytope) is a zonotope.
3. Show that the octahedron  $B_1^3$  is not a zonotope.

**Exercise 5.4 Mean width = perimeter for planar sets**

Show that the perimeter of any planar convex body is equal to  $2\pi$  times its mean width.  
Therefore, the Urysohn inequality in dimension 2 is equivalent to the isoperimetric inequality.

**Exercise 5.5 Another proof of Urysohn inequality**

Show that the mean width of a convex body does not increase under Steiner symmetrisations. Deduce an alternative proof of Urysohn inequality.

**Exercise 5.6 Simplex**

Show that there exists a simplex  $\Delta_n \in \mathbf{R}^n$  with the property that  $\Delta^\circ = -\Delta$

**Exercise 5.7 Mean width and volume radius for standard sets**

Compute an equivalent as  $n \rightarrow \infty$  of both the mean width and the volume radius of the following convex bodies:  $B_2^n$ ,  $B_1^n$ ,  $B_\infty^n$  and  $\Delta_n$  (from the previous exercise).

**Exercise 5.8 Mean width in real life**

An airline defines a suitcase (identified as a parallelepiped) to be *admissible* in the sum of its dimensions (length+width+height) does not exceed 115 centimeters. Is it possible to hide a non-admissible suitcase inside an admissible suitcase ?

**Exercise 5.9 Operator norm unit ball**

What are the extreme points of the convex body  $K = \{A \in M_n(\mathbf{R}) : \|A\|_{\text{op}} \leq 1\}$  ?

What are the extreme points of  $K \cap H$ , where  $H \subset M_n(\mathbf{R})$  is the subspace of symmetric matrices ?

**Exercise 5.10 Trace norm**

For  $A \in M_n(\mathbf{R})$ , consider the following norm (this is the dual norm to the operator norm)

$$\|A\|_{\text{tr}} = \sup\{\text{tr}(AB) : B \in M_n(\mathbf{R}), \|B\|_{\text{op}} \leq 1\}.$$

1. Show that  $\|A\|_{\text{tr}} = \text{tr}|A|$ , where  $|A| = \sqrt{AA^t}$ .
2. Identify the extreme points of the unit ball for  $\|\cdot\|_{\text{tr}}$ .

**Exercise 5.11 A challenging one**

What is the value of the constant in Gluskin's theorem which is given by the proof?