

# Talk I: One dimensional Convex Integration

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Convex Integration Theory is a powerful tool for solving differential relations. It was introduced by M. Gromov in his thesis dissertation in 1969, then published in an article [2] in 1973 and eventually generalized in a book [3] in 1986. Nevertheless, reading Gromov is often a challenge since important details are not provided explicitly. Fortunately, there is a good reference that leaves no details in the shadow : the Spring's book [5]. My understanding of Convex Integration Theory primarily comes from this book. I owe it much in this presentation.

## 1 Two introductory examples

### 1.1 A first example

Let us consider the following elementary problem.

**Problem 1.**— Let

$$\begin{aligned} f_0 : [0, 1] &\longrightarrow \mathbb{R}^3 \\ t &\longmapsto (0, 0, t) \end{aligned}$$

be the linear application mapping the segment  $[0, 1]$  vertically in  $\mathbb{R}^3$ . The problem is to find  $f : [0, 1] \xrightarrow{C^1} \mathbb{R}^3$  such that:

$$i) \quad \forall t \in [0, 1], \quad |\cos(f'(t), e_3)| < \epsilon$$

$$ii) \quad \|f - f_0\|_{C^0} < \delta$$

where  $\epsilon > 0$  and  $\delta > 0$  are given.

**Solution.**— At a first glance, the problem seems hopeless since condition *i* says that the slope is small and then the image has to move far away from the segment before reaching the desired height. After a few seconds of extra thinking, the solution occurs. It is good enough to move along an helix

spiralling around the vertical axis:

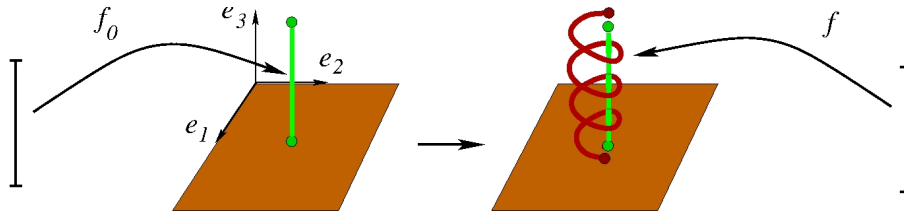
$$f : [0, 1] \longrightarrow \mathbb{R}^3$$

$$t \longmapsto \begin{cases} \delta \cos 2\pi Nt \\ \delta \sin 2\pi Nt \\ t \end{cases}$$

where  $N \in \mathbb{N}^*$  is the number of spirals. We have

$$\left\langle \frac{f'}{\|f'\|}, e_3 \right\rangle = \frac{1}{\sqrt{1 + 4\pi^2 N^2 \delta^2}}.$$

Therefore, if  $N$  is large enough,  $f$  fulfills conditions  $i$  and  $ii$ .

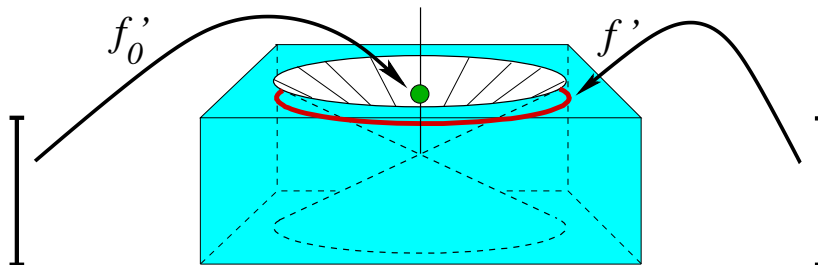


The image of  $f_0$  is the green vertical segment, the solution  $f$  is the red helix.

**Rephrasing.**— The above problem was pretty easy, it will become very informative with a rephrasing of the two conditions. Condition  $(i)$  means that the image of  $f'$  lies inside the cone:

$$\mathcal{R} = \{v \in \mathbb{R}^3 \setminus \{O\} \mid \left| \left\langle \frac{v}{|v|}, e_3 \right\rangle \right| < \epsilon\} \cup \{O\}.$$

By extension, that cone  $\mathcal{R}$  is called the *differential relation* of our problem.



The cone  $\mathcal{R}$  is pictured in blue, the image of  $f'$  is the red circle and the constant image of  $f_0$  the green point outside the cone.

The  $C^0$ -closeness required in the second condition, is a consequence of a geometric property of the derivative of  $f$ . Indeed, the image of  $f'$  in that cone is a circle whose center is the constant image of  $f'_0$ . Therefore, the average of  $f'$  for each spiral of  $f$  is  $f'_0(t)$ :

$$\frac{1}{\text{Length}(I_k)} \int_{I_k} f'(u) du = f'_0(t)$$

where  $I_k = [\frac{k}{N}, \frac{k+1}{N}]$  the preimage of one spiral by  $f$ . Therefore, when integrating, the two resulting maps are closed together.

## 1.2 A more general example

**Problem.**— Let  $\mathcal{R} \subset \mathbb{R}^3$  be a path-connected subset (=our differential relation) and  $f_0 : [0, 1] \xrightarrow{C^1} \mathbb{R}^3$  be a map such

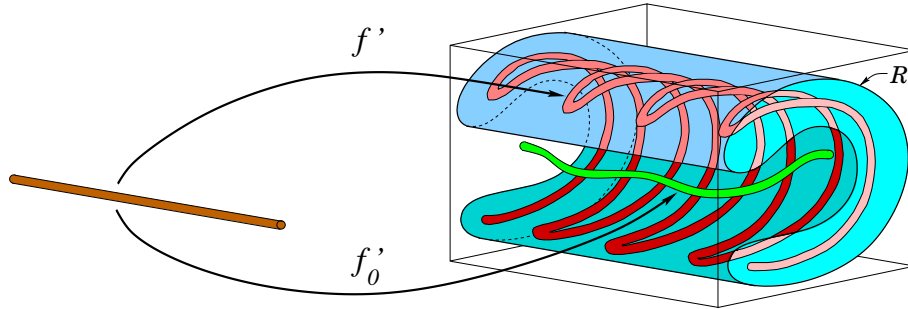
$$\forall t \in [0, 1], \quad f'_0(t) \in \text{IntConv}(\mathcal{R})$$

where  $\text{IntConv}(\mathcal{R})$  denotes the interior of the convex hull of  $\mathcal{R}$ . The problem is to find  $f : [0, 1] \xrightarrow{C^1} \mathbb{R}^3$  such that :

- i)  $\forall t \in [0, 1], \quad f'(t) \in \mathcal{R}$
- ii)  $\|f - f_0\|_{C^0} < \delta$

with  $\delta > 0$  given.

**Solution.**— From the hypothesis, the image of  $f'_0$  lies in the convex hull of  $\mathcal{R}$ . The idea is to build  $f'$  with an image lying inside  $\mathcal{R}$  and such that, on average, it looks like the derivative of  $f_0$ . One way to do that is to choose a the  $f'$ -image to resemble to a kind of spring. In the spring, each arc as the same effect, on average, as a small piece of the image of the initial map  $f'_0$ . So, when integrating, the resulting map will be close to the initial map. As before, we will improve the closeness of  $f$  to  $f_0$  by increasing the number of spirals.



The green bended spaghetti<sup>1</sup> pictures the image of  $f'_0$ , the half of a spring in rep/pink is the chosen image for  $f'$ .

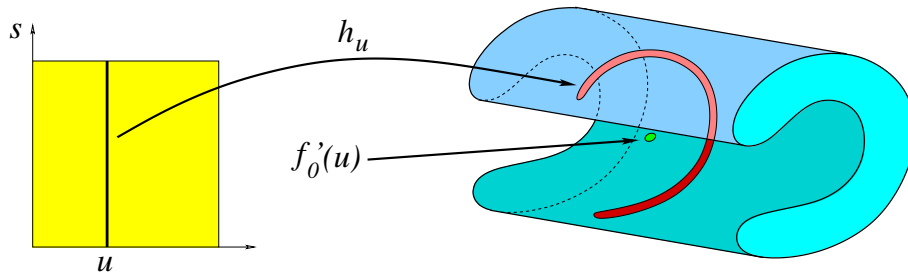
To formally construct a solution  $f$  of the problem, it is enough to choose a continuous family of loops of  $\mathcal{R}$ :

$$\begin{aligned} h : [0, 1] &\longrightarrow C^0(\mathbb{R}/\mathbb{Z}, \mathcal{R}) \\ u &\longmapsto h_u \end{aligned}$$

such that

$$\forall u \in [0, 1], \quad \int_{[0,1]} h_u(s) ds = f'_0(u)$$

i.e the average of the loop  $h_u$  is  $f'_0(u)$ .



The image of the loop  $h_u$ . In that picture, this image is an arc. This loop is a round-trip starting at one of the endpoint of the arc and arriving at the same endpoint.

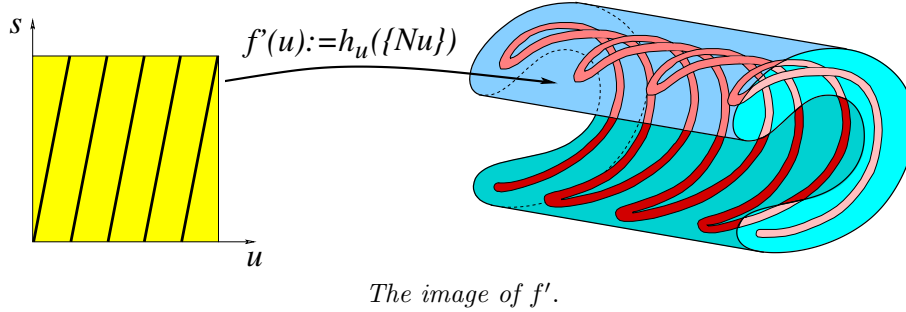
Then, the map  $f'$  is extracted from that family of loops by a simple diagonal process

$$\forall t \in [0, 1], \quad f'(t) := h_t(\{Nt\})$$

where  $N \in \mathbb{N}^*$  and  $\{Nu\}$  is the fractional part of  $Nu$ .

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<sup>1</sup>Spaghetto ?



Eventually, it remains to integrate to obtain a solution to our problem:

$$f(t) := f_0(0) + \int_0^t h_u(\{Nu\})du.$$

We say that  $f$  is obtained from  $f_0$  by a **convex integration process**. We denote  $f := IC(f_0, h, N)$ .

## 2 Finding the loops

In the above problem, we were wilfully blind to the question of the existence of the family of loops  $(h_u)_{u \in [0,1]}$  needed to build the solution. We now deal with that issue.

**Notation.**— Let  $A \subset \mathbb{R}^n$  and  $a \in A$ . We denote by  $IntConv(A, a)$  the interior of the convex hull of the connected component of  $A$  to which  $a$  belongs.

**Definition.**— A (continuous) loop  $g : [0, 1] \rightarrow \mathbb{R}^n$ ,  $g(0) = g(1)$ , *strictly surrounds*  $z \in \mathbb{R}^n$  if

$$IntConv(g([0, 1])) \supset \{z\}.$$

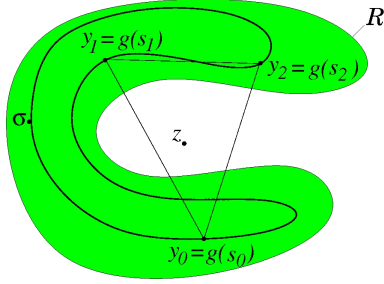
**Fundamental Lemma.**— Let  $\mathcal{R} \subset \mathbb{R}^n$  be an open set,  $\sigma \in \mathcal{R}$  and  $z \in IntConv(\mathcal{R}, \sigma)$ . There exists a loop  $h : [0, 1] \xrightarrow{C^0} \mathcal{R}$  with base point  $\sigma$  that strictly surrounds  $z$  and such that:

$$z = \int_0^1 h(s)ds.$$

**Proof.**— Since  $z \in \text{IntConv}(\mathcal{R}, \sigma)$ , there exists a  $n$ -simplex  $\Delta$  whose vertices  $y_0, \dots, y_n$  belong to  $\mathcal{R}$  and such that  $z$  lies in the interior of  $\Delta$ . Therefore, there also exist

$$(\alpha_0, \dots, \alpha_n) \in ]0, 1[^{n+1}$$

such that  $\sum_{k=0}^n \alpha_k = 1$  and  $z = \sum_{k=0}^n \alpha_k y_k$ . Every loop  $g : [0, 1] \rightarrow \mathcal{R}$  with base point  $\sigma$  and passing through  $y_0, \dots, y_n$  satisfies  $\text{IntConv}(g([0, 1])) \supset \{z\}$  i. e.  $g$  surrounds  $z$ .



In general

$$z \neq \int_0^1 g(s) ds.$$

Let  $s_0, \dots, s_n$  be the times for which  $g(s_k) = y_k$  and let  $f_k : [0, 1] \rightarrow \mathbb{R}_+^*$  be such that :

$$\text{i) } f_k < \eta_1 \text{ sur } [0, 1] \setminus [s_k - \eta_2, s_k + \eta_2],$$

$$\text{ii) } \int_0^1 f_k = 1,$$

with  $\eta_1, \eta_2$  two small positive numbers. We set:

$$z_k := \int_0^1 g(s) f_k(s) ds.$$

The number  $\epsilon > 0$  being given, we can choose  $\eta_1, \eta_2$  such that:

$$\forall k \in \{0, \dots, n\}, \quad \|z_k - g(s_k)\| \leq \epsilon.$$

Since  $\mathcal{R}$  is open and  $z \in \text{Int} \Delta$ , for  $\epsilon$  small enough we have

$$z \in \text{IntConv}(z_0, \dots, z_n).$$

Therefore, there exist  $(p_0, \dots, p_n) \in ]0, 1[^{n+1}$  such that  $\sum_{k=0}^n p_k = 1$  and:

$$\begin{aligned} z &= \sum_{k=0}^n p_k z_k &= \sum_{k=0}^n p_k \int_0^1 g(s) f_k(s) ds \\ &= \int_0^1 g(s) \sum_{k=0}^n p_k f_k(s) ds &= \int_0^1 g(s) \varphi'(s) ds \end{aligned}$$

where we have set

$$\varphi'(s) := \sum_{k=0}^n p_k f_k(s)$$

and

$$\begin{aligned} \varphi : [0, 1] &\longrightarrow [0, 1] \\ s &\longmapsto \int_0^s \varphi(u) du. \end{aligned}$$

We have  $\varphi'(s) > 0$ ,  $\varphi(0) = 0$ ,  $\varphi(1) = 1$ . Thus  $\varphi$  is a strictly increasing diffeomorphism of  $[0, 1]$ . Let us employ the change of coordinates  $s = \varphi^{-1}(t)$ , that is  $t = \varphi(s)$ , we have

$$dt = \varphi'(s) ds$$

therefore:

$$z = \int_0^1 g(s) \varphi'(s) ds = \int_0^1 g \circ \varphi^{-1}(t) dt.$$

Thus  $h = g \circ \varphi^{-1}$  is our desired loop.  $\square$

**Remark.**— *A priori*  $h \in \Omega_\sigma(\mathcal{R})$ , but it is obvious that we can choose  $h$  among "round-trips" *i.e* the space:

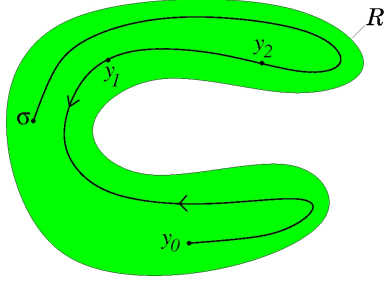
$$\Omega_\sigma^{AR}(\mathcal{R}) = \{h \in \Omega_\sigma(\mathcal{R}) \mid \forall s \in [0, 1] \ h(s) = h(1 - s)\}.$$

The point is that the above space is contractible. For every  $u \in [0, 1]$  we then denote by  $h_u : [0, 1] \longrightarrow \mathcal{R}$  the map defined by

$$h_u(s) = \begin{cases} h(s) & \text{if } s \in [0, \frac{u}{2}] \cup [1 - \frac{u}{2}, 1] \\ h(u) & \text{if } s \in [\frac{u}{2}, 1 - \frac{u}{2}]. \end{cases}$$

This homotopy induces a deformation retract of  $\Omega_\sigma^{AR}(\mathcal{R})$  to the constant map

$$\begin{aligned} \tilde{\sigma} : [0, 1] &\longrightarrow \mathcal{R} \\ s &\longmapsto \sigma. \end{aligned}$$



### 3 $C^0$ -density

Let  $\mathcal{R} \subset \mathbb{R}^n$  be a arc-connected subset,  $f_0 \in C^\infty(I, \mathbb{R}^n)$  be a map such that  $f_0'(I) \subset \text{IntConv}(\mathcal{R})$ . From the  $C^\infty$  parametric version of the Fundamental Lemma there exists a  $C^\infty$ -map  $h : I \times \mathbb{E}/\mathbb{Z} \rightarrow \mathcal{R}$  such that

$$\forall t \in I, \quad f_0'(t) = \int_0^1 h(t, u) du.$$

We set

$$\forall t \in I, \quad F(t) := f_0(0) + \int_0^t h(s, Ns) ds$$

with  $N \in \mathbb{N}^*$ .

**Definition.**— We say that  $F \in C^\infty(I, \mathbb{R}^n)$  is obtained from  $f_0$  by an *convex integration process*.

Obviously  $F'(t) = h(t, Nt) \in \mathcal{R}$  and thus  $F$  is a solution of the differential relation  $\mathcal{R}$ . One crucial property of the convex integration process is that the solution  $F$  can be made arbitrarily close to the initial map  $f_0$ .

**Proposition ( $C^0$ -density).**— *We have*

$$\|F - f_0\|_{C^0} \leq \frac{1}{N} \left( 2\|h\|_{C^0} + \left\| \frac{\partial h}{\partial t} \right\|_{C^0} \right)$$

where  $\|g\|_{C^0} = \sup_{p \in D} \|g(p)\|_{\mathbb{E}^3}$  denotes the  $C^0$  norm of a function  $g : D \rightarrow \mathbb{E}^3$ .



**Proof.**— Let  $t \in [0, 1]$ . We put  $n := [Nt]$  (the integer part of  $Nt$ ) and set  $I_j = [\frac{j}{N}, \frac{j+1}{N}]$  for  $0 \leq j \leq n-1$  and  $I_n = [\frac{n}{N}, t]$ . We write

$$F(t) - f(0) = \sum_{j=0}^n S_j \quad \text{and} \quad f_0(t) - f_0(0) = \sum_{j=0}^n s_j$$

with  $S_j := \int_{I_j} h(v, Nv)dv$  and  $s_j := \int_{I_j} \int_0^1 h(x, u)dudx$ . By the change of variables  $u = Nv - j$ , we get for each  $j \in [0, n-1]$

$$S_j = \frac{1}{N} \int_0^1 h\left(\frac{u+j}{N}, u\right)du = \int_{I_j} \int_0^1 h\left(\frac{u+j}{N}, u\right)dudx.$$

It ensues that

$$\|S_j - s_j\|_{\mathbb{E}^3} \leq \frac{1}{N^2} \left\| \frac{\partial h}{\partial t} \right\|_{C^0}.$$

The proposition then follows from the obvious inequalities

$$\|S_n - s_n\|_{\mathbb{E}^3} \leq \frac{2}{N} \|h\|_{C^0} \quad \text{and} \quad \|F(t) - f_0(t)\|_{\mathbb{E}^3} \leq \sum_{j=0}^n \|S_j - s_j\|_{\mathbb{E}^3}.$$

□

**Remark.**— Even if  $f_0(0) = f_0(1)$ , the map  $F$  obtained by a convex integration from  $f_0$  does not satisfy  $F(0) = F(1)$  in general. This can be easily corrected by defining a new map  $f$  with the formula

$$\forall t \in [0, 1] \quad , \quad f(t) = F(t) - t(F(1) - F(0)).$$

The following proposition shows that the  $C^0$ -density property still holds for  $f$  and, provided  $N$  is large enough, that the map  $f$  is still a solution of  $\mathcal{R}$ .

**Proposition.**— *We have*

$$\|f - f_0\|_{C^0} \leq \frac{2}{N} \left( 2\|h\|_{C^0} + \left\| \frac{\partial h}{\partial t} \right\|_{C^0} \right)$$

and  $f'(\mathbb{R}/\mathbb{Z}) \subset \mathcal{R}$ .

**Proof.**— The first inequality is obvious. Indeed, from

$$F(1) - F(0) = F(1) - f_0(0) = F(1) - f_0(1)$$

we deduce

$$\|f(t) - f_0(t)\| \leq \|F(t) - f_0(t)\| + \|F(1) - f_0(1)\| \leq 2\|F - f_0\|_{C^0}.$$

Derivating  $f$  we have  $f'(t) = F'(t) - (F(1) - F(0))$  thus

$$\|f' - F'\|_{C^0} \leq \|F' - f_0'\|_{C^0} = O\left(\frac{1}{N}\right).$$

Since  $\mathcal{R}$  is open, if  $N$  is large enough  $f'(\mathbb{R}/\mathbb{Z}) \subset \mathcal{R}$ . □

## References

- [1] M. GHOMI, *h-principles for curves and knots of constant curvature*, Geom. Dedicata 127, 19-35, 2007. <http://tinyurl.com/399y78f>
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