

# Exercises

July 11, 2019

**1.** Let  $P, \pi$  be a reversible finite Markov chain. Let  $A \subsetneq \Omega$  and let  $B = A^c$  with  $k = |B|$ . Suppose that the sub-stochastic matrix  $P_B$  (the restriction of  $P$  to  $B$ , i.e.  $P_B(x, y) = P(x, y)$  for  $x, y \in B$ ) is irreducible, in the sense that for all  $x, y \in B$ , there exists  $n \geq 0$  such that  $P_B^n(x, y) > 0$ .

(i) Show that  $P_B$  has  $k$  real eigenvalues

$$1 \geq \gamma_1 > \gamma_2 \geq \dots \geq \gamma_k.$$

(ii) Show that there exist nonnegative numbers  $a_1, \dots, a_k$  satisfying  $\sum_i a_i = 1$  such that for all  $t \geq 0$  we have

$$\mathbb{P}_{\pi_B}(\tau_A > t) = \sum_{i=1}^k a_i \gamma_i^t$$

(iii) The Perron Frobenius theorem gives that  $\gamma_1 > 0$  and  $\gamma_1 \geq -\gamma_k$ . Using the Courant-Fischer characterisation of eigenvalues or otherwise establish that

$$\gamma_1 \leq 1 - \frac{\pi(A)}{t_{\text{rel}}}.$$

(iv) Deduce that  $\mathbb{P}_{\pi_B}(\tau_A > t) \leq \left(1 - \frac{\pi(A)}{t_{\text{rel}}}\right)^t \leq \exp\left(-\frac{t\pi(A)}{t_{\text{rel}}}\right)$ .

(v) By the Perron Frobenius theorem the eigenvector  $v$  corresponding to  $\gamma_1 > 0$  is strictly positive. Let  $\alpha$  be the probability distribution given by  $\alpha = v / \sum_i v(i)$ . Show that when the starting distribution is  $\alpha$ , then the law of  $\tau_A$  is geometric with parameter  $\gamma_1$ .

Prove that for all  $t$  and all  $y$

$$\mathbb{P}_{\alpha}(X_t = y \mid \tau_A > t) = \alpha(y).$$

Finally show that for all  $x \notin A$  we have

$$\mathbb{P}_x(X_t = y \mid \tau_A > t) \rightarrow \alpha(y) \text{ as } t \rightarrow \infty.$$

(The distribution  $\alpha$  is called the quasi-stationary distribution.)

**2.** Let  $X$  be a reversible Markov chain on a finite state space  $E$  with transition matrix  $P$  and invariant distribution  $\pi$ . Prove the Poincaré inequality, i.e. that for all functions  $f : E \rightarrow \mathbb{R}$

$$\text{Var}_{\pi}(P^t f) \leq e^{-2t/t_{\text{rel}}} \text{Var}_{\pi}(f).$$

**3.** Let  $X$  be a reversible Markov chain on a finite state space with transition matrix  $P$  and invariant distribution  $\pi$ .

(i) Prove that for all  $x, y$

$$\frac{P^{2t}(x, y)}{\pi(y)} \geq \left(1 - \max_{z, w} \|P^t(z, \cdot) - P^t(w, \cdot)\|_{\text{TV}}\right)^2.$$

Deduce that

$$P^{2t_{\text{mix}}}(x, y) \geq \frac{1}{4}\pi(y)$$

and that there exists a transition matrix  $\tilde{P}$  such that

$$P^{2t_{\text{mix}}}(x, y) = \frac{1}{4}\pi(y) + \frac{3}{4}\tilde{P}(x, y)$$

(ii) Let  $t_{\text{stop}} = \max_x \min\{\mathbb{E}_x[\Lambda_x] : \Lambda_x \text{ is a stopping time s.t. } \mathbb{P}_x(X_{\Lambda_x} \in \cdot) = \pi(\cdot)\}$ . By defining an appropriate stationary time, prove that

$$t_{\text{stop}} \leq 8t_{\text{mix}}.$$

**4.** Let  $X$  be an irreducible, lazy and reversible Markov chain on a finite state space with transition matrix  $P$  and stationary distribution  $\pi$ .

(i) Show that

$$\mathbb{E}_\pi[\tau_\pi] := \sum_{x, y} \pi(x)\pi(y)\mathbb{E}_x[\tau_y] = \sum_{i \geq 2} \frac{1}{1 - \lambda_i}.$$

where  $(\lambda_i)$  are all the eigenvalues.

(ii) Show that

$$\sum_{t=k}^{\infty} (P^t(x, x) - \pi(x)) \leq e^{-k/t_{\text{rel}}} \pi(x) \mathbb{E}_\pi[\tau_x].$$

**5.** For each  $t$  let  $U_t$  be a uniform random variable on  $\{1, \dots, t\}$  and let  $Z_t$  be a geometric random variable of parameter  $1/t$ . The Cesaro mixing time is defined to be

$$t_{\text{Ces}} = \inf\{t \geq 0 : \max_x \|\mathbb{P}_x(X_{U_t} \in \cdot) - \pi\|_{\text{TV}} \leq 1/4\}.$$

The geometric mixing time is defined to be

$$t_{\text{G}} = \inf\{t \geq 0 : \max_x \|\mathbb{P}_x(X_{Z_t} \in \cdot) - \pi\|_{\text{TV}} \leq 1/4\}.$$

Show that there exist two constants  $c_1$  and  $c_2$  so that for all chains we have

$$c_1 t_{\text{G}} \leq t_{\text{Ces}} \leq c_2 t_{\text{G}}.$$

(You may assume the following form of “sub-multiplicativity”: if  $d_G(t) \leq \alpha < 1/2$ , then there exists a constant  $c$  so that  $d_G(ct) \leq 1/4$ .)

**6.** This exercise shows that for non-reversible chains  $t_{\text{stop}}$ ,  $t_{\text{H}}$  and  $t_{\text{mix}}$  can be of different order.

(i) Let  $X$  be an irreducible Markov chain with transition matrix  $P$  and invariant distribution  $\pi$  and let

$$\mathbb{E}_a[\tau_\pi] := \sum_x \pi(x) \mathbb{E}_a[\tau_x].$$

Show that  $\mathbb{E}_a[\tau_\pi]$  is independent of  $a$ . (This is called the random target lemma.)

(ii) Consider the random walk on the greasy ladder, which is a Markov chain with state space  $S = \{1, \dots, n\}$  and transition matrix  $P(i, i+1) = \frac{1}{2} = 1 - P(i, 1)$  for  $i = 1, \dots, n-1$  and  $P(n, 1) = 1$ . Check that the invariant distribution satisfies

$$\pi(i) = \frac{2^{-i}}{1 - 2^{-n}}$$

Show that the mixing time of the lazy chain is of order 1. Show that  $t_{\text{stop}} \asymp n$ .

*You can use the following that will be proved in the lectures tomorrow.*

**Definition** Let  $S$  be a stopping time. A state  $z$  is called a **halting** state for the stopping time if  $S \leq T_z$  a.s. where  $T_z$  is the first hitting time of state  $z$ .

**Theorem** [Lovász and Winkler] Let  $\mu$  be a distribution. Let  $S$  be a stopping time such that  $\mathbb{P}_\mu(X_S = x) = \pi(x)$  for all  $x$ . Then  $S$  is mean optimal in the sense that

$$\mathbb{E}_\mu[S] = \min\{\mathbb{E}_\mu[U] : U \text{ is a stopping time s.t. } \mathbb{P}_\mu(X_U \in \cdot) = \pi(\cdot)\}$$

if and only if it has a halting state.

(iii) Let  $\mathbb{Z}_n = \{1, 2, \dots, n\}$  denote the  $n$ -cycle and let  $P(i, i+1) = \frac{2}{3}$  for all  $1 \leq i < n$  and  $P(n, 1) = \frac{2}{3}$ . Also  $P(i, i-1) = \frac{1}{3}$ , for all  $1 < i \leq n$ , and  $P(1, n) = \frac{1}{3}$ . Find the order of the mixing time of the lazy version of the chain and also of  $t_{\text{stop}}$  and  $\max_{x, A: \pi(A) \geq 1/4} \mathbb{E}_x[\tau_A]$ .