

5) Calcul par changement de variables

Proposition. Si f est une fonction continue et u une fonction dérivable alors :

$$\int f(u(x))u'(x)dx = \int f(u)du = F(u(x)) + C \text{ où } F' = f.$$

démonstration. $(F \circ u)' = F' \circ u \cdot u' = f \circ u \cdot u'$.

Exemples. $\int \frac{u'}{u} = \ln(|u|) + C$.

$$\int \frac{x^3 dx}{2+x^4} = \frac{1}{4} \ln(2+x^4) + C$$

$$\int x^2 \sqrt{1+x^3} dx = \frac{1}{3} \int \sqrt{u} u' = \frac{1}{3} \times \frac{2}{3} (1+x^3)^{\frac{3}{2}} + C$$

$u=1+x^3$

6) $\int R(e^x)dx$ où R est une fraction rationnelle.

On pose $u = e^x$ et donc $du = e^x dx = u dx \Rightarrow dx = \frac{du}{u}$.

$(u = h(x) \Rightarrow du = h'(x)dx)$

Exemple. $\int \frac{dx}{2+e^x} = \int \frac{\frac{du}{u}}{2+u} = \int \frac{du}{u(2+u)} = \frac{1}{2} \left(\int \frac{du}{u} - \int \frac{du}{2+u} \right) = \frac{1}{2} \ln(|u|) - \frac{1}{2} \ln(|2+u|) + C$

$$= \frac{1}{2} \ln(e^x) - \frac{1}{2} \ln(2+e^x) + C = \frac{x}{2} - \frac{1}{2} \ln(2+e^x) + C.$$

on pose $u = e^x$

$$\text{Or } \frac{1}{u(2+u)} = \frac{\frac{1}{2}}{u} + \frac{\frac{-1}{2}}{2+u}.$$

7) $\int \cos^m(x) \sin^n(x) dx$ où $m, n \in \mathbb{N}$.

a) si m ou n impair

si m impair, on pose $u = \sin(x)$

si n impair, on pose $u = \cos(x)$.

Exemple. $\int \sin^5(x) dx = \int \sin^4(x) \underbrace{\sin(x)}_{-du} dx = - \int (1-u^2)^2 du = - \int du + 2 \int u^2 du -$

$$\int u^4 du = -\frac{u^2}{2} + 2\frac{u^3}{3} - \frac{u^5}{5} + C = -\frac{\cos^2(x)}{2} + 2\frac{\cos^3(x)}{3} - \frac{\cos^5(x)}{5} + C$$

on pose $u = \cos(x) \Rightarrow du = -\sin(x)dx$, $\sin^4(x) = (\sin^2(x))^2 = (1 - \cos^2(x))^2$

b) sinon (si m, n pairs)

On linéarise ... (c-à-d : on exprime tout comme une combinaison linéaire de $\cos(kx)$, $k \in \mathbb{N}$).

Exemple. $\int \cos^4(x)dx$

$$\cos^4(x) = \left(\frac{e^{ix} + e^{-ix}}{2} \right)^4 = \frac{1}{16} (e^{4ix} + 4e^{3ix}e^{-ix} + 6e^{2ix}e^{-2ix} + 4e^{-ix}e^{3ix} + e^{-4ix})$$

Or $e^{4ix} + e^{-4ix} = 2\cos(4x) \dots$

Donc $\cos^4(x) = \frac{1}{16} (2\cos(4x) + 8\cos(2x) + 6)$

D'où : $\int \cos^4(x)dx = \frac{1}{8} \int \cos(4x)dx + \frac{1}{2} \int \cos(2x)dx + \frac{3}{8} \int dx = \frac{1}{32} \sin(4x) + \frac{1}{4} \sin(2x) + \frac{3}{8}x + C$.
 $u=4x \Rightarrow du=4dx$

Exercice. Calculer $\int \sin^4 x dx$

indication : $\sin x = \frac{e^{ix} - e^{-ix}}{2i}$

8) $\int R(\sin(x), \cos(x))dx$ où $R(X, Y)$ est une fraction rationnelle

Règles de Bioche.

si $R(\sin(x), \cos(x))dx$ est invariante par $x \leftrightarrow -x$	on pose $u = \cos(x) (\Rightarrow du = -\sin(x)dx)$
si $R(\sin(x), \cos(x))dx$ est invariante par $x \leftrightarrow \pi - x$	on pose $u = \sin(x) (\Rightarrow du = \cos(x)dx)$
si $R(\sin(x), \cos(x))dx$ est invariante par $x \leftrightarrow \pi + x$	on pose $u = \tan(x) (\Rightarrow du = (1 + u^2)dx)$
sinon	on pose $u = \tan\left(\frac{x}{2}\right)$

Remarques.

– on a : $\sin(-x) = -\sin(x)$, $\cos(-x) = \cos(x)$, $\sin(\pi - x) = \sin(x)$, $\cos(\pi - x) = -\cos(x)$, $\sin(\pi + x) = -\sin(x)$, $\cos(\pi + x) = -\cos(x)$

– rappel si $t = \tan\left(\frac{x}{2}\right)$, alors $\cos(x) = \frac{1-t^2}{1+t^2}$ et $\sin(x) = \frac{2t}{1+t^2}$

Exemples.

a) $\int \frac{\sin^3(x)dx}{1 + \cos^2(x)} = \int \frac{\sin^3(-x)d(-x)}{1 + \cos^2(-x)}$ donc on est invité à poser $u = \cos(x)$

$$du = -\sin(x)dx$$

$$\int \frac{\sin^3(x)dx}{1+\cos^2(x)} = \int -\frac{(1-u^2)du}{1+u^2} = \int du - 2\int \frac{du}{1+u^2} = u - 2\arctan(u) + C$$

$$\boxed{=\cos(x) - 2\arctan(\cos(x)) + C}$$

$$-\frac{1-u^2}{1+u^2} = \frac{u^2-1}{1+u^2} = \frac{u^2+1-2}{1+u^2} = 1 - \frac{2}{1+u^2}$$

$$\text{b) } \int \frac{\cos(x)dx}{\sin^2(x)+2\tan^2(x)} = \int \frac{\cos(\pi-x)d(\pi-x)}{\sin^2(\pi-x)+2\tan^2(\pi-x)}$$

Donc on est invité à poser $u = \sin(x)$ et donc $du = \cos(x)dx$.

$$\int \frac{\cos(x)dx}{\sin^2(x)+2\tan^2(x)} = \int \frac{du}{u^2 + \frac{u^2}{1-u^2}} = \int \frac{(1-u^2)du}{u^2 - u^4 + 2u^2} = \int \frac{(1-u^2)du}{u^2(3-u^2)}$$

$$\text{Or } \frac{(1-u^2)}{u^2(3-u^2)} = \frac{\frac{1}{3}}{u^2} + \frac{0}{u} + \frac{\frac{-1}{3\sqrt{3}}}{\sqrt{3}-u} + \frac{\frac{-1}{3\sqrt{3}}}{\sqrt{3}+u}$$

$$\Rightarrow \int \frac{\cos(x)dx}{\sin^2(x)+2\tan^2(x)} = -\frac{1}{3u} - \frac{1}{3\sqrt{3}}(-\ln(|\sqrt{3}-u|) + \ln(|\sqrt{3}+u|)) + C$$

$$= -\frac{1}{3\sin(x)} - \frac{1}{3\sqrt{3}}\ln\left(\frac{\sqrt{3}+\sin(x)}{\sqrt{3}-\sin(x)}\right) + C$$

$$\text{c) } \int \frac{\sin(x)dx}{\cos^3(x)+\sin^3(x)} = \int \frac{\sin(\pi+x)d(\pi+x)}{\cos^3(\pi+x)+\sin^3(\pi+x)}$$

On est donc invité à poser $u = \tan x$.

$$\Rightarrow du = (1 + \tan^2(x))dx = (1 + u^2)dx$$

$$\int \frac{\sin(x)dx}{\cos^3(x)+\sin^3(x)} = \int \frac{\frac{du}{1+u^2}}{\frac{\cos^2(x)}{\tan(x)} + \sin^2(x)} = \int \frac{\frac{du}{1+u^2}}{\frac{1}{u(1+u^2)} + \frac{u^2}{1+u^2}} = \int \frac{du}{\frac{1}{u} + u^2} = \int \frac{udu}{u^3+1}$$

$$\text{or } \cos^2(x) = \frac{1}{1+\tan^2(x)} \text{ et } \sin^2(x) = \frac{\tan^2(x)}{1+\tan^2(x)}$$

$$\frac{u}{u^3+1} = \frac{u}{(u+1)(u^2-u+1)} = \frac{\frac{-1}{3}}{u+1} + \frac{au+b}{u^2-u+1} = \frac{\frac{-1}{3}}{u+1} + \frac{1}{3} \frac{u+1}{u^2-u+1}$$

$$\frac{u}{u^3+1} + \frac{\frac{1}{3}}{u+1} = \frac{u + \frac{1}{3}(u^2-u+1)}{u^3+1} = \frac{\frac{1}{3}(u+1)^2}{(u+1)(u^2-u+1)} = \frac{\frac{1}{3}(u+1)}{u^2-u+1}$$

$$\int \frac{\sin(x)dx}{\cos^3(x)+\sin^3(x)} = -\frac{1}{3} \int \frac{du}{u+1} + \frac{1}{3} \int \frac{(u+1)du}{u^2-u+1}$$

$$\begin{aligned}
&= -\frac{1}{3} \int \frac{du}{u+1} + \frac{1}{3} \int \underbrace{\frac{(\frac{1}{2}(2u-1) + \frac{3}{2}) du}{u^2 - u + 1}}_{\frac{1}{2} \int \frac{2u-1}{u^2-u+1} du + \frac{3}{2} \int \frac{du}{u^2-u+1}} \\
&= -\frac{1}{3} \ln(|u+1|) + \frac{1}{3} \times \frac{1}{2} \ln(u^2 - u + 1) + \frac{1}{3} \times \frac{3}{2} \int \frac{du}{u^2 - u + 1} \quad \text{or, } u^2 - u + 1 = (u - \frac{1}{2})^2 + \frac{3}{4} = (u - \frac{1}{2})^2 + (\frac{\sqrt{3}}{2})^2 \\
&= -\frac{1}{3} \ln(|u+1|) + \frac{1}{6} \ln(u^2 - u + 1) + \frac{1}{2} \times \frac{2}{\sqrt{3}} \arctan\left(\frac{u - \frac{1}{2}}{\frac{\sqrt{3}}{2}}\right) + C \\
&= -\frac{1}{3} \ln(|\tan(x) + 1|) + \frac{1}{6} \ln(\tan^2(x) - \tan(x) + 1) + \frac{1}{2} \times \frac{2}{\sqrt{3}} \arctan\left(\frac{2\tan(x) - 1}{\sqrt{3}}\right) + C
\end{aligned}$$